



Whoo's News

December 2, 2022



4A Girls Provincial Website:

<https://2022aaaagirlsvbchampionships.ca/>



Our girls are playing Riverside in the Quarter Finals TONIGHT at 7:30 pm at OKM



Our boys are playing Elgin Park in the Semifinals TONIGHT at 6:30 pm at KSS



3A Boys Provincial web site:

<https://sites.google.com/learn.sd23.bc.ca/2022bcboysaaavolleyball/home>



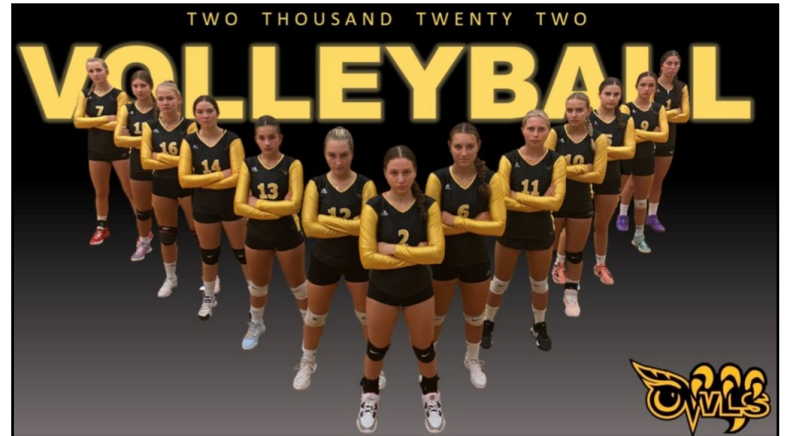


KSS Athletics

Visit the KSS [Athletics Website](#) for more information



Congratulations to Max Gainey for being selected as a AAA Provincial All-Star for football! We are so proud of him and can't wait to see what the future has in store for him! Max Gainey is T.O.U.G.H.! GO OWLS!



4A Girls 3rd in the Valley and now off to Provincials at OKM Dec 1-3rd

4A Girls Provincial Website:

<https://2022aaaagirlsvbchampionships.ca/>



3 A Boys Volleyball won Valleys and now host Provincials Nov 30-Dec 3rd

3A Boys Provincial web site:

<https://sites.google.com/learn.sd23.bc.ca/2022bcboysaaavolleyball/home>

Grad 2023 Clothing is Ready to Order! 

Please follow this link to order clothing for the 2023 grad year:

<https://kssgrad231.itemorder.com/shop/sale>

The sale is on until **December 31**, and items will arrive at the end of January. When orders arrive, students will be notified via the Whoo's News and in-school announcements.



HOSTED BY
SCHOOL DISTRICT #22

JEAN MINGUY MEMORIAL RCMP YOUTH ACADEMY

JOIN US

Are you interested in
Policing Careers?

MAY 7-13

AGES 16-18

Students Are invited to apply

Applications DUE Jan 31st

APPLICATIONS
AVAILABLE IN THE KSS
CAREERS OFFICE

COST IS **\$350**

INCLUDES ALL FOOD, LODGING AND SUPPLIES
FOR THE WEEK



MORE INFORMATION AVAILABLE:

SD22.BC.CA/PROGRAMS-SERVICES/CAREERS/
DMEYER@SD22.BC.CA



YMCA
Career Development
Services

**FREE
PROGRAM**



JUMPSTART

Employment Program ages 16-30

You get

- ✓ 1st Aid, Foodsafe, SuperHost, WHMIS
- ✓ resume and cover letter
- ✓ job search and interview skills
- ✓ confidence
- ✓ paid while you learn

Reserve your seat now!

2 start dates:
Dec 5, 2022
Jan 16, 2023

SCAN ME



Building healthy
communities

Text or call
250-718-6179
Email

mariana.souza@ymcasibc.ca

Virtual Information Sessions
Tuesdays 10:30am or 4:00pm



YMCA of Southern Interior BC
Mindfulness Services

FREE!



**You'll get by with a little help
from new friends.**

Learn how to manage stress, struggles, and anxieties in a
welcoming and judgement-free group setting.

Our instructors deliver sessions online and in person.

Participants get a **free 3-month YMCA membership.**



ymcasibc.ca/mindfulness



StudentTranscripts Service Information For Students

StudentTranscripts Service (STS) is an online application for students to view their school marks, transcripts, scholarships and send transcripts electronically to post secondary institutions and employers.



Get Started

To register for STS
students will need:

- Personal Education Number (PEN)
- Full legal name
- Date of birth
- Email address

Step 1 Go to the Ministry of Education's **Transcripts and Certificate** website at
<http://www.StudentTranscripts.gov.bc.ca>.

Step 2 You must **sign up** for a BCeID before you can use the StudentTranscripts Service.
For BCeID signup, you need to:

- Complete the fields to register for a basic BCeID
- Select your password reset questions and answers
(remember these as you will need them if you forget your password)
- Follow the system prompts and sign up for StudentTranscripts Service.

Sign Up for a BCeID

Step 3 Log-in to StudentTranscripts Service using your BCeID.
When registering for the Student Transcript Service using your BCeID, you will be prompted to:

- Enter your student information used by your school (see **Get Started** information above)
- Read the personal data collection info and complete the process by clicking "submit"
- An email will be sent to the email address provided and must be activated within 24 hours of receipt or you will need to complete the registration process again
- Once activated, you will be able to log onto STS using your BCeID and password.

Log In with BCeID

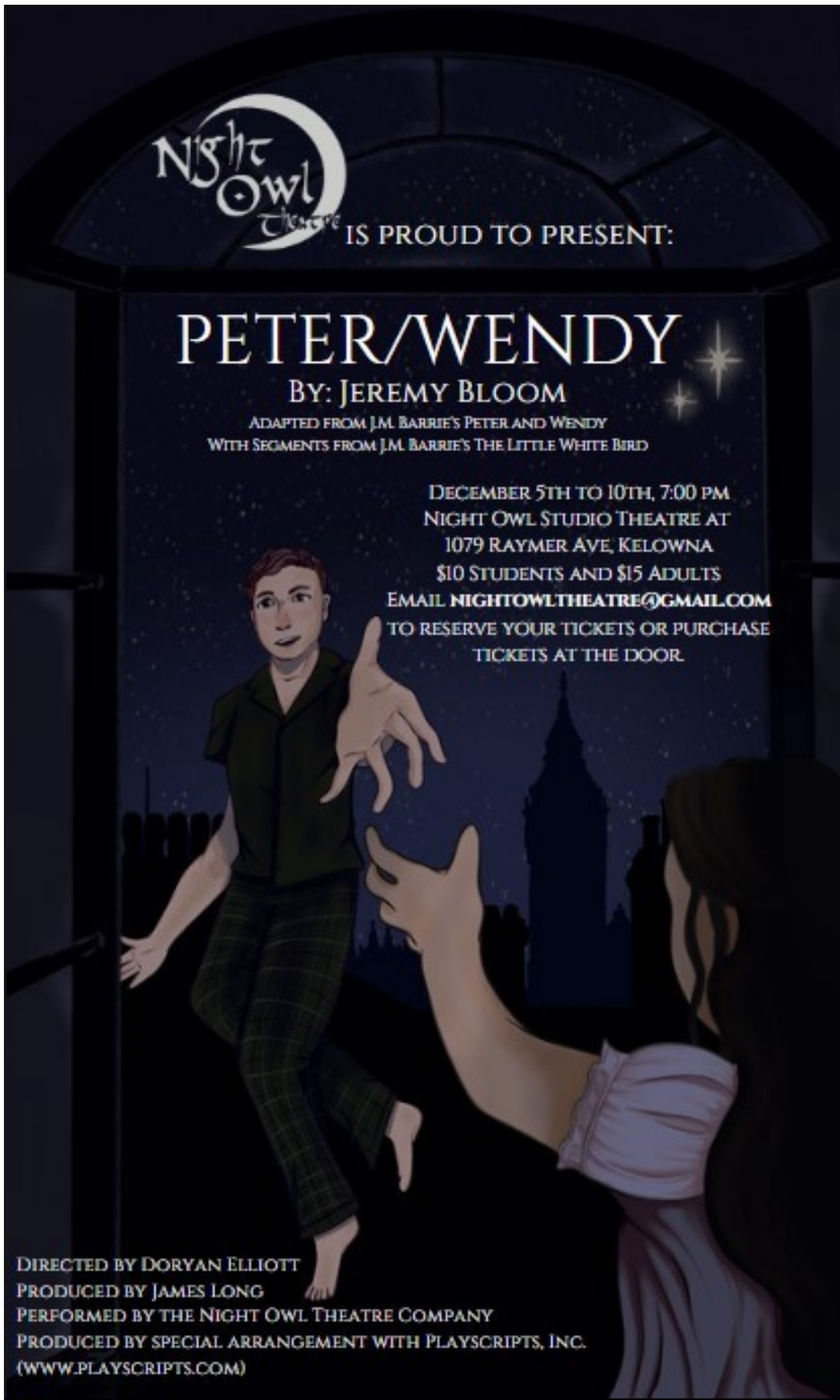
Step 4 From your STS Dashboard, you can choose your post-secondary institutions (PSIs) selections, preview, send and order transcripts, view exam and assessment results and view scholarship information. Please note that all transcripts previewed in the STS are considered unofficial, but official transcripts will be sent out when ordered.

You will need to consent to the STS privacy notice which enables the ministry to send your transcripts to your selected PSIs by paper or electronically depending on how the PSI is able to receive transcripts. Printed copies of transcripts may take up to 3 weeks for processing and delivery to your selected PSIs.

Troubleshooting:

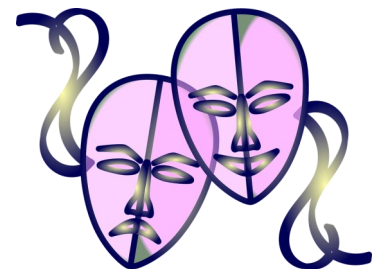
For BCeID questions: <https://www.bceid.ca>

For StudentTranscripts questions: servicebc@gov.bc.ca.



<https://bit.ly/kss-peterwendy>

Comp tickets will still need to be reserved via email.



What is Peter/Wendy:

Written by Jeremy Bloom, '*Peter/Wendy*' takes on a darker aspect of the classic story, testing themes of loss, childhood, tragedy, and maternal love. Our story begins when Peter entices Wendy to return with him to Neverland, leading to a sinister adaptation of J.M. Barrie's '*Peter and Wendy*'. Come prepared with some happy thoughts, because this tragic tale focuses on examining the positive when you find yourself lost in the dark.

We Are Families and we serve families

Are you looking for help or information about mental health support and services for your child or youth?

We know how important you are, and that you might need some support now too. We are also parents of kids with mental health and/or substance use challenges. We are here for you and we want to help.

Here are some of the ways we can offer support to you and your family:

PARENT PEER SUPPORT

We provide emotional support, information, resources, and help in navigating services for parents & caregivers of a child, youth or young adult with a mental &/or substance use challenge.

EVENTS

Every month, we host events called 'in the know.' We watch a video and share experiences and strategies that help in the hard moments. We help focus on strengthening our understanding & connection with our kids. Events are facilitated by FamilySmart Parent Peer Support Workers. Offered online and in person in some communities.

RESOURCES + VIDEOS

Our website has free resources and videos on topics important to families who are parenting a child or youth with a mental health and/or substance use challenge.

WORKSHOPS + TRAINING

We offer workshops for parents and caregivers whose child/youth has been a patient in a psychiatric unit. It's really tough when your child is struggling and ends up in crisis - and we want to help.

We also offer training that brings together young people, parents/caregivers and professionals to learn with and from each other to help experiences between them go better.

OUR SERVICES ARE FREE. NO WAITLIST. WE GET IT.

Email: info@familysmart.ca
Phone: 1 (855) 887 8004

familysmart.ca



Project Placement

sign-up now

KGH VOLUNTEER OPPORTUNITIES



Royal Bistro and Deli
The Gift Shop
The Perking Lot
Rutland Thrift Shop
Info Desks
Unit helper

Visit the Career Centre to sign up or to ask for more information

Recruiting BIPOC youth (ages 15 to 19) in BC!

Attend events held specifically for youth of racialized backgrounds. Make new friends and connect virtually to explore the theme of:

"IDENTITY & BELONGING IN
MULTICULTURAL BRITISH COLUMBIA"



THE AFRICAN ANCESTRY PROJECT: YOUTH DIALOGUE SERIES

3 EVENTS

NOV 2022 | FEB 2023 | MAY 2023

Register via QR code or email
africanancestryprojectbc@gmail.com to
express your interest. See you there!



BC Black History Awareness Society
OUR ROOTS RUN DEEP



MORRIS J. WOSK
CENTRE FOR DIALOGUE

'intheknow'

Connect and Learn

MONTHLY ONLINE EVENTS FOR PARENTS & CAREGIVERS

Every month, we host events for parents & caregivers who are parenting a child or youth with a mental health and/ or substance use challenge called "in the know."

NOVEMBER

It's Never Too Late: Healing
Parent-Child Relational Stress Using
Emotion-Focused Family Therapy
Speaker: Dr. Adele Lafrance

SEPTEMBER

Parenting When Anxiety Shows Up
As Anger
Speaker: Karen Peters, RCC

OCTOBER

Building Connection With Our Kids
When It Feels Impossible
Speakers: Diane Evans & Tammy
Music, Parent Peer Support Workers

DECEMBER

ADHD - The Real Deal
Speaker: Dr. Don Duncan

Join us to watch a video and talk
with other families about what helps.
Online events are facilitated by
FamilySmart Parent Peer Support
Workers.

familysmart.ca/events

