

Whoo's News



SEPTEMBER 16, 2022

Another busy week!

School photos were taken on September 12! Re-takes are scheduled for October 11.



ATTENDANCE

Regular attendance is critical to a student's success. Our automated call home system has been activated to contact parents in the event of an unexcused absence. Our system has been fully operational this week. See below for instructions:

If your child is going to be away, or needs to be excused early, please call 250.870.5105, Press "1" and follow the prompts. The Attendance Line is open 24/7. Download the App for the easiest way to enter attendance.

If you do receive a call from our Attendance Line, you can call in (same phone #) to excuse the absence. If you believe your child has been marked absent from a class in error, please contact the teacher directly. Please do not call the office.

COURSE CHANGES are now complete!

Counsellors and Administrators have been extremely busy with course change requests and we have now completed changes for Semester 1.



Wednesday, September 21 – 6:15 to 8:30 pm



Upcoming dates . .

September 19 National Day of Mourning - School is closed (We will skip that block rotation)

BLOCKS 5-6 / 7-8 PAC Meeting - 6:30 p.m. *In person or by zoom -* Just email kss.pac@sd23.bc.ca by Monday the 19th to get the Zoom link September 20

Grade 11 / 12 Parent/Student Information Evening 6:15 p.m. followed by BC Post September 21

Secondary Info. Session and mini-fair @ 7:00 p.m.

September 30 National Day for Truth and Reconciliation—No School for students

GR. 11 & 12 INFORMATION SESSION followed by BC POST SECONDARY INSTITUTIONS (PSI's) VISITATIONS

Wednesday, September 21 – 6:15 to 8:30 pm

6:15 - 7:00: KSS graduation information session in the gym

**Representatives from the BC PSI's listed below will be at KSS to meet with students and parents, share information about their schools and answer any questions regarding their PSI.

7:00 – 8:30: Mini fair booths in MPR with the following schools:

- BC Institute of Technology
- Capilano University
- Kwantlen Polytechnic University
- Nicola Valley Institute of Technology
- · Quest University Canada
- Royal Roads University
- Royal Military College
- Selkirk College
- Simon Fraser University
- Thompson Rivers University
- Trinity Western University
- University of Northern BC
- Vancouver Island University

7:00 – 7:30: Presentations with the following schools:

- Okanagan College (room 133)
- UBC Okanagan and Vancouver (drama room enter from MPR)
- University of Victoria (room 135)

7:35 - 8:05: Repeat presentations:

- Okanagan College (room 133)
- UBC Okanagan and Vancouver (drama room enter from MPR)
- University of Victoria (room 135)

Grad Google Classroom

The grad teacher sponsors and the KSS Career Center will post pertinent information on the Google Classroom in addition to the Whoo's News and in-school announcements. All KSS grade 12 students are encouraged to join this Google Classroom: **b5mj5mb**

Grad Council

It is time to begin the Grad Council application process. All grade 12 students interested in applying for Grad Council must attend a "getting to know you" session with the teacher sponsors at lunch in room 193 on Wednesday, September 21, beginning at 11:50am SHARP. More information about Grad Council can be found here: http://kssgrad.weebly.com/grad-council.html

Grad President

Grade 12 students intending to run for Grad President must be part of Grad Council first.





KSS PAC WANTS WHOOOO? YOU.

Welcome (or welcome back), KSS parents and guardians!

Did you know that you're already a member of the KSS Parent Advisory Committee (PAC)?

That's right! Every family has a voice, whether you whisper, shout, or sing.

And the PAC welcomes your input and involvement. Attending meetings or joining the board is a great way to stay up to date on school and District happenings, to get to know the staff and other KSS families, and to have a say in how money is spent on your children's activities!

(Seriously—this gin't your elementary school PAC. We basically just give money away. Maybe there are cookies. Just sayin'...)

The first PAC meeting of the year is Tuesday, September 20th at 6:30 pm.

Whooooo will be joining us?

- New KSS Principal, Scott Parker
- Vice Principal Christey Hughes, who will share the latest news about the Indigenous Inquiry Project
- Your 2022-2023 Executive Board
- Hopefully, YOU!

We'd love to see you there, either in person in the KSS library, or virtually via Zoom. (Just email kss.pac@sd23.bc.ca by Monday the 19th to get the Zoom link)

The Visitor Parking is in the Student Parking Lot. Please remember to pick up a visitor parking pass from the office. This is also the area designated for student drop off and pick up to ensure the safety of our staff and students.

Parents ARE NOT TO USE the staff parking lot for student drop off or pick up at ANY time for ANY reason.



Check the Athletics website regularly for all the sports news!!



https://www.kssowlsathletics.com/





Information Meeting
All interested students
September 20 @ Lunch
Room 133



Information Meeting

XC Running

September 20 @ Lunch Room 237

or see Mr. Lauze



Accident Insurance

Central Okanagan Public Schools does not insure expenses for **student injuries** that occur on school grounds or during school activities. Parents and guardians can voluntarily purchase private accident insurance. The Kids Plus Accident Insurance Program that was previously offered to our students was discontinued in 2019. The IA Financial Group now offers the Family Accident Reimbursement Plan (FARP) which is a voluntary plan that provides coverage for students and their families against accidental injury, unexpected medical expenses, and critical illness.

To apply for the Family Accident Reimbursement Plan or to find out more, visit https://www.solutionsinsurance.com/aonbc.

APPEALS AND FINANCIAL HARDSHIP PROCESSES

Context

School-based Principals/Vice-Principals are required to provide notice of the Central Okanagan Public Schools' Appeals Process (Board Policy 460) and of the position that students will not be excluded from any educational program due to financial hardship (Board Policy Regulation 425R). The purpose of this Administrative Procedure is to provide direction regarding these notifications.

Procedures

1. The Principal or Vice-Principal will inform students, parents, and guardians of the existence and availability of Policy 460 - Appeals at least annually. The wording to be used for these notifications is as follows:

The Central Okanagan Public Schools' Appeal Process

Policy 460 – Appeals states that "A student or a parent of a student who is entitled to an educational program in the Central Okanagan Public Schools may appeal a decision of an employee of the Board of Education which significantly affects the education, health, or safety of the student". For a complete description of the Appeals Policy along with the recommended steps to follow in attempting to solve a problem, please refer to Policy 460 – Appeals that can be accessed from the Policies link under the Board of Education heading on the Central Okanagan Public Schools homepage at www.sd23.bc.ca.

2. School-based Principals/Vice-Principals will also notify students, parents, and guardians of the Central Okanagan Public Schools' Financial Hardship Clause. This notification must be provided at time of registration and on an annual basis through newsletters and notices using the following wording:

The Central Okanagan Public Schools' Financial Hardship Clause

Within Board Policy Regulation 425R – Student Fees (<u>www.sd23.bc.ca</u>), the Board of Education has indicated "that a student will not be excluded from any educational program due to financial hardship". This clause in the Regulations provides for the private and confidential consideration of financial circumstances of individual students and families, while preserving the dignity of families which may be unable to pay. Please contact the school Principal if you are facing a financial hardship that may restrict the ability of your child to access a school program.

KELOWNA CROWS

JUNIOR TACKLE SE/SON



Games are played in Kelowna and at the coast on Sundays. Will need parents to help give rides to and from the coast.

Still looking for managers and coaches!

Cost will be RC and BC insurance between \$90 and \$130 based on age. Plus \$125 for club dues. Boys League Club fees \$100, Girls Sunday Play \$40

Questions? Please email

juniordirector@kelownacrows.com or call 250-258-6668



Youth Healthcare Volunteer Duties:

- Recreation programming
- Bingo
- **Board & Card Games**
- Music Entertainment
- Art & Crafts
- Baking
- Woodworking Spiritual care
- Companionship
- Bus outings...and so much more!





Four Different Locations in Kelowna & West Kelowna:

Cottonwoods David Lloyd-Jones Three Links Manor Brookhaven

There's even benefits for YOU!

- Volunteering Builds Community
- Ends Loneliness
- **Builds Bonds, Creates Friends**
- **Develops Emotional Stability**
- Improves Self-Esteem
- Helps Those Most Affected By Mental Illness Promotes Longevity
- Reduces Risk of Alzheimer's
- Leads to Graceful Aging

Please contact Carol White, Program Coordinator Long-term Care Youth Volunteer Services:

Email: LTCvolunteerservices@interiorhealth.ca

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KELOWNA WATER POLO CLUB REE 'TRY IT OUT' SESSIONS



HOW TO REGISTER FOR A FREE TRIAL

27 Sept - Kelowna Family YMCA - 7-9pm - REGISTER: http://linktr.ee/kelownawaterpolo 29 Sept - Parkinson Rec Centre - 7.30-8.30pm - REGISTER: http://linktr.ee/kelownawaterpolo

WANT TO FIND OUT MORE ABOUT WATER POLO?

Want to become a stronger swimmer and love team sports? Come and try water polo! Water polo games are a fast, action-packed and lots of fun! Swimming experience is a good foundation to be a great water polo player! This FREE introductory session will give you an opportunity to find out more about the game.

Visit http://kelownawaterpolo.ca or http://linktr.ee/kelownawaterpolo for more info.



ABOUT KELWONA WATER POLO CLUB

Kelowna Water Polo Club is a community team running youth and adult water polo sessions in Kelowna. We train in the pool throughout the fall & winter season and the lak in the summer. There are opportunities for all ages of player to compete at tournaments both in Kelowna the Lower Mainland

kelownawaterpolo@gmail.com



EMPOWERING



Empowering YOU is a FREE 10-week program that provides mental health education to help youth develop skills that enable them to cope with challenges in life. The ultimate aim of Empowering YOU is to help youth aged 14 to 17 to manage stress, moments of anxiety, mood challenges, and relationship difficulties through self-awareness, coping strategies (e.g., mindfulness), connecting with nature and physical activity.

ABOUT THE PROGRAM

The goal of this program is to develop a sense of connection and belonging among participants in the 10-week program while learning about tools and techniques to manage their mental health. The program will run once a week for two hours. The first hour is dedicated to learning and information. During the second hour, youth engage in physical activity which gives them an opportunity to experience and practice the information and learning. The program builds largely on the work of Jill Rathus and Alec Miller (2015) and dialectical behaviour therapy (DBT) and more specifically their DBT Skills Manual

GUIDING PRINCIPLES

The overarching guiding principle for Empowering You is to create a safe space by:

- Creating and supporting positive experiences and peer relationships.
- Ensuring programming is standardized, ageappropriate and builds on best practice
- Incorporating and practicing emotional, physical and mental risk management.
- Practicing strength based and trauma informed approaches to facilitation

PARTICIPANTS

Empowering YOU is a program for youth, aged 14 to 17, including youth in care or aging out of care, to assist with managing stress, moments of anxiety, mood challenges and relationship difficulties.

Snacks are provided and participants will receive a \$100 credit towards recreational activities after the program

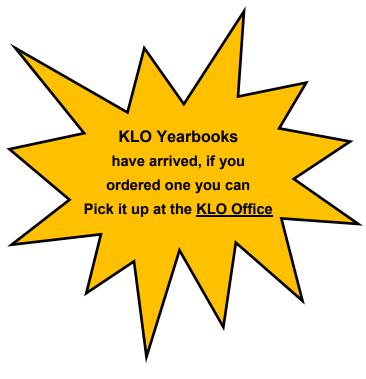
We gratefully acknowledge the financial support of the Government of Canada and support of the Province of British Columb

WHERE AND WHEN

Parkinson Recreation Centre, Kelowna Tuesdays 6-8pm, October 11 to December 13, 2022

Email for more information or to register: empoweryou@bcrpa.bc.ca





JOIN DISTRICT STUDENT COUNCIL!

- Help improve our schools
- Promote student voice
- Build leadership skills and experience



@DISTRICTSTUDENTCOUNCIL23 DEADLINE: SEPT 23