



École Kelowna Secondary School

## Whoo's News

March 14, 2025

**Congratulations** to Vice-Principal **Christey Hughes** who has been appointed Principal at Dorothea Walker Elementary School, beginning March 31.

A few words from Mme. Hughes:

Dear École Kelowna Secondary School Community,

As I prepare to transition to my new role as Principal at DWE after spring break, I want to express my heartfelt gratitude for the incredible support and collaboration over the past six years. It has been an honour to serve as one of your vice-principals and to be part of such a dedicated, vibrant, and caring school community.

I join you in welcoming your new vice-principal, Julie Loveridge-Marks, bringing some excellent skills and experience to the KSS administration team. I wish you each all the very best in your future endeavours. Enjoy a restful, fun, and safe Spring Break!

Warm regards,  
Christey Hughes

ONCE AN OWL,  
ALWAYS AN OWL



## Upcoming dates . .



|             |                                                                                    |
|-------------|------------------------------------------------------------------------------------|
| Mar 15-30   | SPRING BREAK                                                                       |
| Mar 31      | Schools re-open after Spring Break (full day)                                      |
| Apr 7-11    | Ministry Assessment Week                                                           |
| Apr 15 & 16 | Post-Secondary Prep in LLC at lunch                                                |
| Apr 15      | Quarter 3 Ends                                                                     |
| Apr 16      | Quarter 4 Begins                                                                   |
| Apr 18      | Good Friday—NO SCHOOL                                                              |
| Apr 21      | Easter Monday—NO SCHOOL.                                                           |
| May 2       | Cultural Performances in the gym                                                   |
| May 2       | Student Written Learning Updates are published to MyEd Student Portal at 3:00 p.m. |
| May 16      | Prom                                                                               |



Please **welcome** incoming Vice-Principal  
**Julie Loveridge-Marks.**



Mrs. Loveridge-Marks will join KSS on March 31st. Mrs. Loveridge-Marks will be Vice-Principal to students with last names beginning with A—G.

With a strong background in French Immersion and supporting English Language Learners and international students, Julie is dedicated to creating a sense of belonging for all. Growing up in a French Métis community and starting her career in Manitoba's French Immersion programs, Julie has a passion for helping students. She is passionate about Diversity, Equity, and Inclusion and serves on the district's Anti-Racism Training Committee and has worked as an educator in France, Winnipeg School District, Richmond School District, Surrey School District and is coming to us after 7 years at Rutland Senior Secondary School in Kelowna. As the founder of *Proud For Prom*, she leads a community-based organization that has helped over 300 students celebrate their graduation with confidence. She is excited to meet the students, staff, and families that make up the KSS community.

## Congratulations to Chris Cartwright!

Chris has been appointed acting Vice-Principal at MBSS, until June 30th.

*You will be missed, Chris!*



*Mental Health Memo from your counsellors:*

**Confident comes from stacking little wins. Consistently.**



# Kelowna Secondary School

## École Secondaire Kelowna

1079 Raymer Avenue, Kelowna, B.C. V1Y 4Z7  
Ph : (250) 870-5105 Fax : (250) 870-5105

On behalf of the graduating class of 2025 and this year's grad council at Kelowna Secondary School, we would like to request donations to help fund and execute this year's upcoming graduation/prom. With such a large graduating class, the PAC, grad council, as well as staff at KSS have taken on the large task of planning this event. Any donations would be put towards helping lower the cost of each student's admission into the event but could also be used towards the expenses of the event itself. Some of the expenses include food, entertainment (music and photography), decorations, and the venue rental.

Donations can be made to cover or lower the cost of specific items or can be given for general use. All funds donated will go entirely towards putting together an unforgettable event for our grad class. Tax receipts can be provided if your donation is made through the Central Okanagan School District's website **SCHOOL CASH ONLINE**. You can register/log into this site and select the button **Make A Donation**, select an amount for your donation, choose **KELOWNA SECONDARY** as the Fund Destination, and add **KSS PROM** to the Message to School Board to ensure your donation is added to our event. If you do not require a tax receipt, a cheque can be made to **KELOWNA SECONDARY SCHOOL** attention **KSS PROM**.

<https://centralokanagan.schoolcashionline.com/Fee/Details/56/15/false/true>

Any help would be greatly appreciated, as it would help ensure that every student has the opportunity to attend the event at a minimal cost to all and make it a memorable night for our grads.

Sincerely, KSS Grad Class of 2025

## Health Nurse Wellness Clinics in School Settings for Grade 10, 11, 12 Students

To students & their parents, guardians, or representatives:

As part of Interior Health (IH) - Central Okanagan's efforts to provide access to public health nursing (PHN) support and services, IH will be offering in-school PHN Wellness Clinics for grade 10, 11, & 12 students between now and the end of this school year.

During the Wellness Clinics in the school, Public Health Nurses will be available to talk with students and answer any questions about public health nursing services, such as health and wellness promotion/disease prevention information, and resources. This is also a great opportunity for senior high school students to meet with a public health nurse to assess their immunization history and ensure they have all the necessary vaccinations before they graduate. Some post-secondary schools/training programs require immunization history prior to starting the program. Additionally, based on information gleaned from the recent 2023 McCreary Adolescent Survey indicating a growing concern from students regarding a variety of health-related topics, these in-school clinics will offer improved access for students to reach out to a health professional. COVID-19 or Influenza vaccines will not be offered or provided at these Wellness Clinics.

Kelowna Secondary School administration and their public health nurse have identified the following days and times for PHN Wellness Clinics at KSS:

2nd and 4th Tuesday of the month from 9:30 a.m.—12:30 p.m.:

February 25

March 11

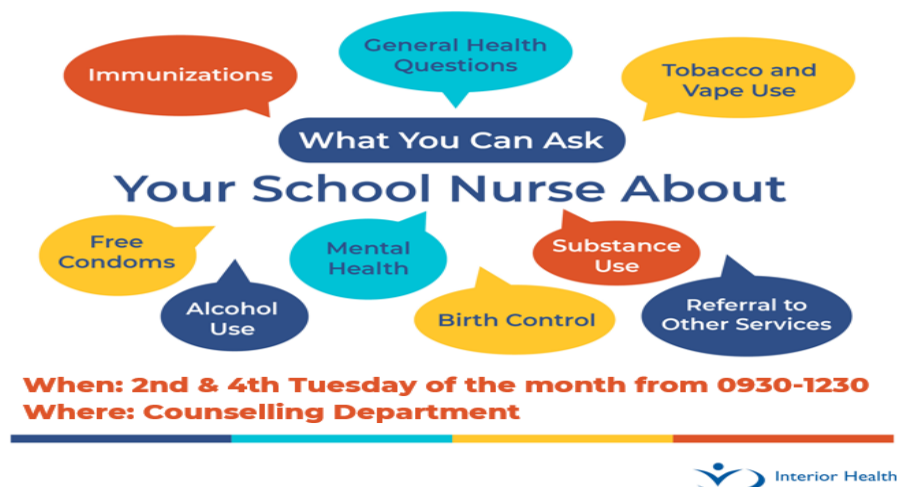
April 8 and 22

May 13 and 27

June 10

Location: Counselling Center Offices, Career Centre

*If you have any questions, please contact Stacey Rollinson, R.N., via email at: [stacey.rollinson@interiorhealth.ca](mailto:stacey.rollinson@interiorhealth.ca) or by phone 250-469-7070 ext 13305*





**experience** 

**KELOWNA, May 1, 2025**

**Choose from two different sessions to explore for the day.**  
Connect with professors, meet students, tour the campus and discover life at OC.

**Example sessions may include:**

- Arts • Health • Technologies
- Business • Science • Trades
- Engineering • Social Development • and many more.

**Apr. 1 | Registration opens**  
**Apr. 17 | Registration closes**  
**May 1 | Experience OC**

To register, visit your counsellor or career centre.  
Questions? [ocrecruiting@okanagan.bc.ca](mailto:ocrecruiting@okanagan.bc.ca)

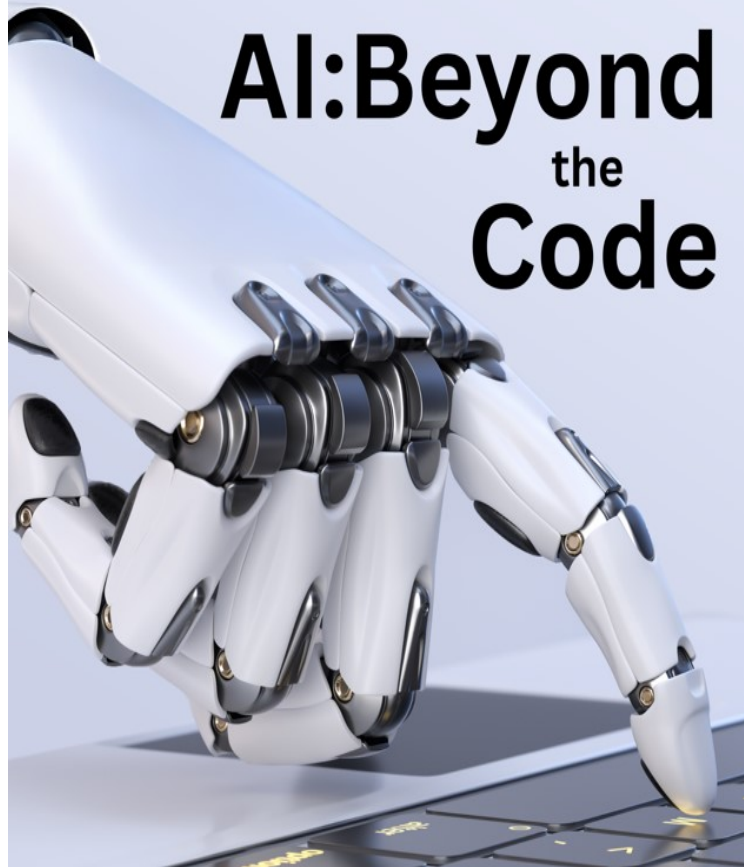
 **Eventbrite**



**Ballzee Productions Film Premiere**  
March 26th at the UBCO theatre  
Scan the QR code for tickets by donation



# AI: Beyond the Code



## KSS WEBSITE & CALENDARS

<https://kss.sd23.bc.ca/>

Please check the KSS Website for important information such as: Course Viewbook, Student Services, Drama, Library and Tech information, Whoo's News, PAC Meeting Minutes, Grad information, Career-Life Programs and student volunteer opportunities and much more!

**KELOWNA OWLS ATHLETICS** Page and Gym Calendar is under "Students" tab and "Athletics". [HERE](#) is a link.

**KSS SCHOOL CALENDAR** is on the KSS Website [HERE](#) is a link.



# BIPOC CONNECTIONS GROUP

FOR STUDENTS OF COLOUR TO CELEBRATE, CONNECT, AND GIVE SPACE TO BE THEMSELVES

**LUNCH**  
**ROOM 243**  
**WEDNESDAYS**



**B**  
**C**  
**G**

**BLACK INDIGENOUS PEOPLE OF COLOUR**

TEACHER SPONSORS  
RAGOONADEN  
RAGOBAR  
DRESCHER



# Take the Plunge

Come Join our Supportive Diving Community &  
Learn from one of our Incredible Coaches!

1 meter & 3 meter springboard diving lessons for:

- Beginners
- Competitive Athletes
- Adults



- Programs for everyone ages 5 and Up
- Lessons held at the H2O Adventure + Fitness Centre & Rutland Family YMCA

Email [ksdc.general@gmail.com](mailto:ksdc.general@gmail.com)  
with any questions



High School 6-Week Track & Field Program!

Get ready for the 2025 High School Championships with OAC!

Who: Grades 8-12 Students

What: 6 weeks of track and field training

When: Starts April

Why: Train with expert coaches, improve your skills, and compete at your best!

Visit: [www.okac.ca](http://www.okac.ca) to Sign up @okanaganathletics

Questions? Email Karen: [manager@okac.ca](mailto:manager@okac.ca) | 250-862-6039



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## Measles Prevention: What You Need to Know

Vaccination is the most effective way to prevent measles. Measles vaccines are tested and are effective at protecting your children and others from serious illness.

Having two doses of a measles-containing vaccine greatly reduces the risk of catching the disease. These two doses are nearly 100% effective and are recommended for children and teens.

|                                                                                                                                                                                                                |                                                                                                        |                                                                                                                                                               |                                                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| <p><b>To book an appointment to update your child's immunization visit</b><br/><a href="https://interiorhealth.ca">interiorhealth.ca</a> or scan this QR code to find the closest Community Health Centre.</p> | <p>Book an Appt.</p>  | <p><b>If you are not sure if your child is fully protected against Measles, or other preventable diseases visit Health Gateway, or scan this QR code.</b></p> | <p>Check a Record</p>  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|

## Increased Measles Around the World

As you may have seen in the news, there is an increase in the number of measles cases being reported around the world, including in Canada and in B.C.

We would like to remind you to [check your child's vaccination records](#) before travelling during Spring Break and to ensure they are protected.

### If you are planning to travel internationally:

- Babies between the age of 6 months and 1 year should get immunized against measles before travelling. This dose is not included in the routine two doses but will add to the protection against measles while travelling.
- Children between age 1 and 4 years can get their second dose early if they are travelling internationally before they are due at age 4-6yrs.

If your child has not yet had their vaccines, please make an appointment with your local public health unit. Children 4 years or older, as well as adults, can also be vaccinated at community pharmacies.

### Measles is a serious illness caused by the measles virus. It is very contagious.

- It can spread easily through air.
- Measles can cause complications like inflammation of the brain (encephalitis), which can lead to seizures, deafness or brain damage. Other complications can include ear infection, diarrhea, pneumonia and death. This is why protection by vaccination is so important.

If you have immunization records for your child that are not recorded in their Health Gateway profile, you can submit those records online by sending them to [immunizationrecord.gov.bc.ca](https://immunizationrecord.gov.bc.ca)

March 2025

Interior Health would like to recognize and acknowledge the traditional, ancestral, and unceded territories of the Dākelh Dené, Ktunaxa, Nlaka'pamux, Secwépemc, St'át'imc, syilx, and Tšilhqot'in Nations where we live, learn, collaborate and work together.