



Who's News

February 10, 2023

2023-2024 KSS Course Selection

In-class course selections will take place on February 27 (grade 10) and February 28 (grade 11). KSS Viewbook (course descriptions/information) as well as Course Planning Sheets may be found on the KSS website courses section. Link is [HERE](#).

→ Students must access their MyED Portal for course selection! Instructions are available [here](#) on the KSS website.

HARMONY 23

February is a month of inclusion:

- ♦ [Black History Month](#)
- ♦ Human Rights Month
- ♦ National Inclusive Education Month
 - ♦ Harmony Day (February 15)
 - ♦ Pink Shirt Day (February 22)



UPCOMING EVENTS

February 14	PAC Meeting 6:30 p.m.
February 14-28	Course selection
February 15	Harmony Day
February 16	Music Showcase 7:00 p.m.
February 17	No school—Pro-D Day
February 20	No school—Family Day
February 22	Pink Shirt Day

Please see KSS Calendar on the website for the most updated information!
[Link HERE.](#)

MEDICAL ALERTS

Medical forms are required if your child has a potentially life-threatening medical alert.

Please contact the office for the appropriate forms or for further information.

Thank you for your support.

Western Canada Basketball Tournament

The 48th Annual Interior Savings Western Canada Basketball Tournament took place February 2-4 at KSS. Teams included five of the best teams in BC, including four of the top six along with three strong teams from the prairies. Semiahmoo took 1st and our Owls placed 5th this year. The athletes played hard and there was a lot of black & gold school spirit in the stands cheering the boys on.



GRAD 2023

Please see *KSS Website, Parents, Grad Section* for details as they become available [HERE](#).

Grad Clothing

The first order of grad clothing is ready for pick-up at lunch in room 193.

The second grad clothing sale is open now until February 15. Once the sale ends on February 15, the items will go into production and will take approximately four weeks to arrive at KSS.

To order, click [HERE](#).



Proud for Prom

Proud for Prom is a local volunteer organization that helps students access formal wear if cost is an issue. They are holding a massive event for students across the Okanagan on Saturday, February 25 for grade 12 students. Students may sign up here [HERE](#).

For more information about Proud for Prom, please see their Facebook and Instagram.



Kelowna Secondary School Jazz and Vocal presents:

KSS MUSIC SHOWCASE 2023

Thursday,
February 16,
7:00 pm
Doors open at
6:30

Evangel Church
3261 Gordon Dr,
Kelowna

Tickets at the
door, from
students & school
cash online.
\$20 general
admission or \$10
for students



Featured guests:

Cory Weeds, Alto Sax
Champion Fulton, Piano & Voice





**Central Okanagan
Public Schools**

Together We Learn

**ONLINE APPLICATION for STUDENT ENROLLMENT begins on
Monday, January 30, 2023, at 7:00 am for 2023 - 2024 School Year**
(for kindergarten, new students, and Programs of Choice for K – 12)

Schools will be open at 7:00 am to provide telephone support to parents that require assistance.
Documentation Submission Deadline: **Friday, March 17, 2023**

[HERE](#) is the link to register.



**The School Bus Transportation Application for the
2023-2024 school year is now open!**

IMPORTANT

Although school bus transportation applications are accepted throughout the school year,
priority seating for the 2023–2024 school year is given to those applicants who have applied
before end of day on **May 31, 2023**

PLEASE REGISTER [HERE](#).

Application deadline has been extended to February 17th!

KSS TRUTH & RECONCILIATION COMMITTEE

DO YOU CARE ABOUT RECONCILIATION?

DO YOU WANT TO MAKE A DIFFERENCE AT OUR SCHOOL?

IF SO, THIS TEAM MIGHT BE FOR YOU!

YOUR ROLE WILL INVOLVE:

- PLANNING/ORGANISING TRUTH & RECONCILIATION INITIATIVES
 - I.E TRUTH & RECONCILIATION WEEK, ETC.
- MAKING MEANINGFUL DECISIONS
- LEADING PROJECTS & GAINING VOLUNTEER HOURS
- SHARING YOUR OPINIONS



WANT TO APPLY?:

- 1) SCAN THE QR CODE BELOW
- 2) ANSWER THE QUESTIONS & SUBMIT

" THE SELECTION COMMITTEE WILL BE IN TOUCH WITH YOU ABOUT YOUR APPLICATION IN THE COMING WEEKS. IF YOU WOULD PREFER AN IN-PERSON INTERVIEW INSTEAD OF ANSWERING QUESTIONS IN WRITING, PLEASE LET US KNOW IN THE GOOGLE FORM. "

DEADLINE TO APPLY |
FEBRUARY 8, 2023



SCAN THE QR CODE

k^wu limt p cyſap

Welcome • Bienvenue

KSS Indigenous Inquiry Project



An outdoor learning space



The KSS Truth and Reconciliation Advisory Committee has created an Outdoor Classroom design that has been proposed for construction on our school field between the school and the basketball courts.

The purpose of the project is to bridge all students with the land, honour local Indigenous teachings, create a welcoming outdoor gathering space, and partner with people interested in being a part of Reconciliation.

This will be a space that emphasizes the use and celebration of Indigenous ways of knowing and being. Students involved have worked on designs to create a space that reflects values of respecting the land, learning outside, storytelling, and many cross-curricular initiatives. The space is also meant to be inclusive, accessible, welcoming, versatile, and safe.

For student informational video scan QR code



For more information and to donate scan this QR code



Donations can be made in person by cash or cheque at the KSS School Office or if you are a KSS parent go to School Cash Online click on Make a Donation select fund destination of KSS Indigenous Inquiry Project



NATIONAL CALL FOR YOUTH LEADERS



MARCH
27 - 31, 2023



MAKE REAL CHANGE HAPPEN

HIP is in search of 50 youth ages 15 to 18 from across Canada to participate in this innovative program & National dialogue aimed at peacebuilding & creating sustainable environmental change.

LEARN MORE
WWW.HIPY2Y.COM



TURTLE LODGE
INDIGENOUS LEADERSHIP PROGRAM
EDUCATION AND WELLNESS



Canadian Heritage

Patrimoine canadien



Rotary

CANADIAN MUSEUM FOR HUMAN RIGHTS

SUSTAINABLE

DEVELOPMENT CHALLENGE

GRAND FINALE

FEB 20
23
23
6-9
PM

Rotary Centre for the Arts

This live competition is sure to inspire as student-team finalists present their impactful projects and compete for funding to make their projects a reality!



*The evening is **FREE**, but space is limited.
Reserve your seat for the Grand Finale now!*
eventbrite.com/e/sustainable-development-challenge-finale-tickets-502075430127



EMPOWERING YOU **Building Resiliency**

Empowering YOU is a **FREE** 10-week program that provides mental health education to help youth develop skills that enable them to cope with challenges in life. The ultimate aim of Empowering YOU is to help youth aged 14 to 17 to manage stress, moments of anxiety, mood challenges, and relationship difficulties through self-awareness, coping strategies (e.g., mindfulness), connecting with nature and physical activity.

ABOUT THE PROGRAM

The goal of this program is to develop a sense of connection and belonging among participants in the 10-week program while learning about tools and techniques to manage their mental health. The program will run once a week for two hours. The first hour is dedicated to learning and information. During the second hour, youth engage in physical activity which gives them an opportunity to experience and practice the information and learning. The program builds largely on the work of Jill Rathus and Alec Miller (2015) and dialectical behaviour therapy (DBT) and more specifically their DBT Skills Manual for Adolescents.

Snacks are provided and participants will receive a \$100 credit towards recreational activities after the program.

We gratefully acknowledge the financial support of the Government of Canada and support of the Province of British Columbia.

GUIDING PRINCIPLES

The overarching guiding principle for Empowering You is to **create a safe space** by:

- ✓ Creating and supporting positive experiences and peer relationships.
- ✓ Ensuring programming is standardized, age-appropriate and builds on best practice.
- ✓ Incorporating and practicing emotional, physical and mental risk management.
- ✓ Practicing strength based and trauma informed approaches to facilitation

PARTICIPANTS

Empowering YOU is a program for youth, aged 14 to 17, including youth in care or aging out of care, to assist with managing stress, moments of anxiety, mood challenges and relationship difficulties.

WHERE AND WHEN

Parkinson Recreation Centre, Kelowna

Tuesdays 5:30-7:30pm, February 7 to April 11, 2023

SAFER SCHOOLS TOGETHER

[erase](#) is offering evening sessions for students in Grades 8-12 and their families that explores the topics of consent and gender-based violence. These sessions are led by expert trainers from Safer Schools Together. The session is titled, *Establishing Respectful Relationships and Consent in Our Communities – Student and Parent Session*, and is offered on four different occasions between February 2 and March 8, 2023. The trainers will discuss the current state in both the physical and digital landscape and will provide Parents/Caregivers tips and tools on how discuss these topics with their children. Please see the link below for further information and registration.

<https://blog.gov.bc.ca/ecc-dm-bulletin/audiences/safe-school-coord>

experience OC

Feb. 23, 2023

Choose three programs to explore for the day

Connect with professors, meet students, tour the campus and discover life at OC.

Over 40+
Program
Choices

- Engineering
- Health
- Trades
- Science
- Social
- Business
- Arts
- Development
- Technologies
- Culinary

Feb. 6 Registration opens - visit the KSS Career Centre to sign up

Visit your counsellor or career centre for more information



Questions? E-mail: vmoretti@okanagan.bc.ca

CANADA SAFETY COUNCIL HOME ALONE & BABYSITTING COURSES



Kidz 4 Safety

ONLINE & IN-PERSON SESSIONS

Home Alone: Ages 9+ yrs | \$53
Babysitter Training: 10.5+ yrs | \$70

Register at:

www.babysittingkelowna.com

kidz4safety@gmail.com

or

call/text 250-317-2868

Student Volunteers Needed for Family Day Fun

Capital News Centre | Feb. 20 | 1 - 4 p.m.

Featuring fun and games for the whole family including a Park
& Play bouncy castle, zorb soccer, active games and free skating!

Sign up in the KSS Career Center
Deadline to Apply is February 13

With financial support from the
Province of British Columbia



kelowna.ca/calendar



See Your Career Center to sign-up

~~~~~  
Help put on Art  
programs for  
children under the  
direction of an  
Instructor and  
Programming staff.

## VOLUNTEERS NEEDED!

Gain hours towards your  
30 hr. Grad requirement.

### WHEN:

Spring Break:  
3 hr. sessions  
throughout the  
two weeks.

### WHERE:

Kelowna Art Gallery  
1315 Water Street

**Students must submit a  
volunteer application by  
March 7th, 2023**



## Get in the game this summer with UBCO Sport Camps!

Led by nationally recognized coaches and student athletes, UBCO Heat Sport Camps offer a fun-filled week of skill development. These camps are a great way to introduce youth ages 5 to 17 to a sport or help them improve their techniques. Camp programming includes golf, basketball, volleyball, biking and more.

Camps are set to run in July and August at UBC Okanagan. Follow this [link](https://goheat.ca/camps) or check out [goheat.ca/camps](https://goheat.ca/camps) to learn more and register today!

# 2023

## HIGH SCHOOL ENTRANCE AWARDS

**Planning to attend Okanagan College next fall?  
You may be eligible for an entrance award.**

Students graduating from a secondary school within the Okanagan College region (Revelstoke to Princeton) entering Okanagan College in September 2023 may be eligible for the following awards.

- OKANAGAN COLLEGE PRESIDENT'S ENTRANCE SCHOLARSHIPS
- OKANAGAN COLLEGE COMMUNITY SPIRIT AWARDS
- OKANAGAN COLLEGE BOARD OF GOVERNORS ENTRANCE AWARDS
- RICK AND YASMIN THORPE & FRIENDS SCHOLARSHIPS
- MCGILLIVRAY ENTRANCE AWARD FOR BUSINESS
- TONY SELLAR LEADERSHIP ENTRANCE SCHOLARSHIP
- JOHNSTONE MEMORIAL AWARDS
- OC PENTICTON CAMPUS HIGH SCHOOL ENTRANCE SCHOLARSHIPS

**APPLICATIONS OPEN  
DECEMBER 1, 2022**

**HOW TO APPLY:**  
Eligibility criteria and details about how to apply online are available by visiting [okanagan.bc.ca/awards](https://okanagan.bc.ca/awards)  
**APPLICATION DEADLINE:**  
Online Applications will be accepted until March 10, 2023. Students and school staff will have until March 17, 2023 to provide required documentation.

Questions? Contact [awards@okanagan.bc.ca](mailto:awards@okanagan.bc.ca)  
or Toll Free in BC: 1-800-767-5492



LIKE OUR FACEBOOK PAGE @okanagancollege.ca/  
FOLLOW US ON INSTAGRAM @okanagancollege

[okanagan.bc.ca](https://okanagan.bc.ca)



☀️ **Summer is closer than you think. And so is Montreal** ✈️

Hello!

Admissions are underway for the UdeM Summer Immersion Program for youths aged 15 to 17. What can they expect? An unforgettable immersive experience with their peers from all around the world, all together on a charming North American-style campus in one of the best student cities in North America. Memories, smiles and knowledge guaranteed!

**Places are flying.**

**Find your wings with the Summer Immersion Program.**

For more information, please click [HERE](#).



# • FOUNDRY •

PENTICTON



## YOUTH AND SUBSTANCE USE

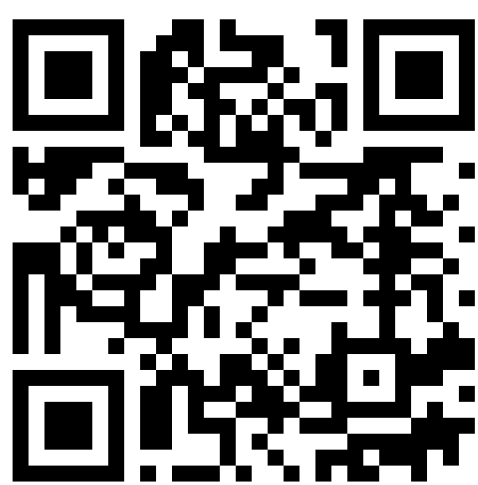
**A FREE Workshop for Parents and Caregivers**

Saturday, February 25

Foundry, 501 Main Street, Penticton

9:00 am - 12:00 pm

Doors open at 8:30 for refreshments



### Part 1

#### Youth and Substance Use

- Join us to look at the current climate of youth substance use in the community
- **What** watch for
- **How** to support a young person using substances
- Community **resources**

### Part 2

#### Preventing Caregiver Burnout

- Caring for a young person who is struggling is hard.
- It is important to look after yourself.
- Learn how to be the best you can be for your family.

**+250-462-2714**



**Space is limited! Register now at**  
**<https://Youthsubstanceuse.eventbrite.ca>**



## CENTRAL OKANAGAN PUBLIC SCHOOLS

### 2023-2024 School Calendar

| DESIGNATION                                                                          | SCHOOL DISTRICT NO. 23<br>Local Calendar<br>2023/2024                                 |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Days in session                                                                      | 191<br>(3 summer Pro Days August 29, 30, 31)                                          |
| Number of days of instruction                                                        | 184                                                                                   |
| Number of non-instructional days                                                     | 7                                                                                     |
| Schools open                                                                         | Tuesday, September 5                                                                  |
| In lieu of National Day for Truth and Reconciliation - September 30 (schools closed) | Monday, October 2<br><small>* amended to coincide with Federal/Provincial day</small> |
| Administrative Implementation Day                                                    | Friday, October 6                                                                     |
| Thanksgiving Day (schools closed)                                                    | Monday, October 9                                                                     |
| Teacher Professional Day                                                             | Friday, October 20                                                                    |
| In lieu of Remembrance Day November 11 (schools closed)                              | Monday, November 13                                                                   |
| Winter vacation period (schools closed)                                              | December 25 – January 5                                                               |
| Statutory holiday (schools closed)                                                   | Monday, January 1                                                                     |
| Schools reopen after Winter vacation                                                 | Monday, January 8                                                                     |
| Teacher Professional Day (Support Staff In-Service Day)                              | Friday, February 16                                                                   |
| Family Day                                                                           | Monday, February 19                                                                   |
| Spring vacation period (schools closed)                                              | March 18 – March 28                                                                   |
| Good Friday (schools closed)                                                         | Friday, March 29                                                                      |
| Easter Monday (schools closed)                                                       | Monday, April 1                                                                       |
| Schools reopen after Spring vacation                                                 | Tuesday, April 2                                                                      |
| Victoria Day (schools closed)                                                        | Monday, May 20                                                                        |
| Administrative Day (students do not attend)                                          | Friday, June 28                                                                       |

The Calendar for 2023-2024 complies with Bill 36 - School Amendment Act (School Calendar Regulation).

The minimum hours of instruction are:

- Kindergarten      853 hours      (based on 287 minutes X 184)
- Grade 1-6          878 hours      (based on 287 minutes X 184)
- Grades 7-12        952 hours      (based on 311 minutes X 184)

Provides the:

- Number and dates of the days in session
- The number and dates of each day of instruction
- Vacation Periods and the Statutory Holidays
- The dates of each Non-Instructional Day
- The number of hours of instruction offered students in each grade group