



Whoo's News

April 28, 2023



GRADUATION REQUIREMENTS



In order to participate in Graduation, Grade 12 students must have:

- ⇒ returned any overdue library or textbooks,
- ⇒ paid any outstanding student fees (including \$75 grad fee), and
- ⇒ be in a calculable position to graduate.

The “**Outstanding Fees & Textbooks List**” is posted in the MPR and is sorted by PUPIL NUMBER. *Please have your grade 12 student check this list and take care of any outstanding fees or make arrangements with your alpha VP.*

The “**Non-Grad List**” (*academic list*) will be posted in the beginning of May. If students are on the Non-Grad List, they may make an academic plan with their alpha VP.

If students are on either of these lists, they will not be able to purchase Prom tickets or participate in Grad.



*An Okanagan College representative will be in the MPR in our school on **Monday, May 8th** during lunch to answer any questions that you may have regarding programs, admissions, scholarships and choosing courses for next year.*

Please come by and ask any questions.



Apr 28	Day of Mourning—more info HERE
May 4	Report Cards release Digitally via MyEd BC
May 4	Andrew Allen Performance
May 5	Grad Family Dinner (more info to come)
May 9	PAC AGM 2 6:30 p.m.
May 11	Moose Hide Campaign Day
May 19	Grad Walk & Prom
May 22	Victoria Day—No School
May 25	Indigenous Graduation
May 29	Diner en Blanc



GRAD 2023



For current updates, please ensure that you are reading the Whoo's News, checking the school website, and that your grads are following the grad Instagram @kss2023_, and the Grad 2023 Information Google Classroom.

Link to KSS Grad on KSS website [HERE](#).

2023 PROM

Ticket Information:

The time has come to purchase your ticket for the prom at Sunset Ranch on May 19!

Prom tickets will be on sale at lunch in the MPR until May 3rd.

Price: \$80, payable by cash, cheque, or Square machine. Grads who need assistance with this ticket cost can email dayna.culham@sd23.bc.ca. We want ALL grade 12s to attend!

Grads who have outstanding textbooks, library books, or school fees must clear that up before purchasing a ticket.

FAQs:

Who can attend? KSS grade 12 students only

How do students get there? All grads must board a school bus leaving The Dolphins immediately following the promenade and arrive at Sunset Ranch together.

If I can't drive myself, how do I get home? Grads may arrange their own pick-up from Sunset ranch before 11pm, or they can indicate that they need to take a bus to KSS, Dr. Knox, or The Dolphins at intervals between 9-10:30pm.

Reminder: All KSS grads who purchase a ticket are agreeing to follow the KSS Code of Conduct for the entire evening. KSS administration will be on-site for the evening in addition to formal security and parent supervisors.

Parent Volunteers:

Calling all volunteer parents for KSS prom night at Sunset Ranch! On Monday, April 24, we will be launching a Sign Up Genius for all the volunteer opportunities. We are asking that you sign up for only one time slot to ensure opportunities for as many parents as possible. Grab your KSS parent friends and make plans to clear your schedule for a time slot on May 19th, 5:30-11pm.

Ongoing and Upcoming Fundraising:

In order to make this night as memorable as possible for our grads, the parent committee has ongoing fundraisers to cover costs:

Fill out [THIS](#) Google Form to allow our grads to collect your cans and bottles to donate.

Save the Date! May 5th Family Dinner Fundraiser at 97St pub/Cornerstone Restaurant. Details to come!

Wow The Yard Signs are still available! See link [HERE](#).

Extras: Do You Photography will be in attendance at the Grad Walk and the prom at Sunset Ranch to photograph grads. All photos taken during the evening will be available for download for \$15.

CONSENT LESSONS

The BC Ministry of Education announced that it will be updating the K-12 curriculum with resources to “support educators in teaching consent with an age-appropriate and non-discriminatory approach in the classroom.” For the 2022/23 school year, a one-off lesson was developed to provide education on consent for all grade 11 and 12 classes in the district.

Our lessons focus on six areas for boundary setting: physical, emotional, intellectual, material, time, and sexual. While sexual consent is one small facet of the lesson, understanding, setting, and communicating personal boundaries is the primary focus.

These lessons will occur between May 1st and June 9th.

Please direct questions to the student alpha Vice-Principal.

KSS PAC



If you are a parent or guardian who has a student returning or starting at KSS in the fall, the KSS Parent Advisory Council (PAC) needs your help for the 2023-24 school year. Did you know that all parents and guardians of current KSS students are automatically members of the KSS PAC? All but one member of the current KSS PAC Executive Committee will be leaving KSS in June, when their students graduate. In order to maintain our school's BC Gaming Grant Funding of over \$30,000 per year, KSS needs to have an active PAC, so we are in need of new volunteers!

Please join us at our Annual General Meeting on May 9th at 6:30pm in the school library. We will be choosing a new executive board at this meeting. All positions are open, although there are nominations for a few already. Even if you aren't able to volunteer for a position, the PAC would love your input and attendance at meetings, and it is a fantastic way to keep up with what is happening at KSS! Please email us at kss.pac@sd23.bc.ca if you have questions or if you would like to nominate yourself or someone else. We hope to see you on May 9th.

KSS PAC Executive Committee Positions Open for 2023-2024:

Chair or Co-chairs

Treasurer (we have a nominee)

Secretary

Academic Chair

Athletic Chair

Applied Skills (we have a nominee)

Fine Arts Chair

Indigenous Chair

Student Support Chair (we have a nominee)

COPAC Representative(s)





In a field of throwers from across the Pacific Northwest, California and Texas, **Elise Drake** earned KSS a second place finish in Girl's Varsity Hammer Throw at last weekends Oregon Relays. She won this with her longest throw of 46.17m.

Congratulations, Elise!





BOOK SALE

Kelowna Curling Club

551 Recreation Avenue, Kelowna

Monday 22 May | 1pm – 8pm

Tuesday 23 May | 9am – 8pm

Wednesday 24 May | 9am – 8pm

Books for all ages | CDs, DVDs | Puzzles, Games

Fresh stock added each day | Cash Only

Curling Club Restaurant open

Kelowna Friends fundraising supports all branches of Okanagan Regional Library 
Friends acknowledge the support of Dr. Moshe Oz & Two Small Men with Big Hearts Moving

fol4k@hotmail.com - www.kelownafol.ca - [Find us on Facebook](#)

22
23

OSO

OKANAGAN SYMPHONY
ORCHESTRA

ROSEMARY THOMSON | MUSIC DIRECTOR

SEE IT... HEAR IT... LOVE IT...
okanagansymphony.com

may

KELOWNA

12

PENTICTON

13

VERNON

14

PHOTO: ANNA RESZNAK

NORTHERN LIGHTS

ARIEL BARNES* | CELLO

SIBELIUS

Symphony No. 7

MARCUS GODDARD*

Cello Concerto

JOCELYN MORLOCK*

Lucid Dreams

IMANT RAMINSH*

Gloria

and the **OSO CHORUS** and **KSS CONCERT CHOIR**

KELOWNA

Friday May 12 | 7:30 pm

250.469.8940

PENTICTON

Saturday May 13 | 7:30 pm

250.469.8940

VERNON

Sunday May 14 | 7:00 pm

250.549.7469



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Agriculture opportunities in the Okanagan



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Confronting the White Elephant Exploring Anti-Racism

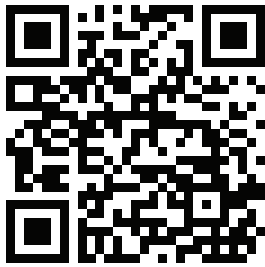
Anti-Racism Community Forum

Anthony McLean

Canadian Filmmaker & Antiracism Advocate

May 12, 2023 | 8:15am - 5:00pm

To register, please visit:



www.soics.ca/anti-racism/white-elephant

**“The world will not be destroyed by those
who do evil, but by those who watch them
without doing anything.”**

– Albert Einstein



**SOUTH OKANAGAN
IMMIGRANT AND
COMMUNITY SERVICES**

2023 KSS Football Registration

KSS Football registration has begun for the 2023 season! We welcome Grade 10s and 11s to sign up to be part of a championship program! No experience necessary! If you want to be part of something special and are committed to being T.O.U.G.H., this is the place for you!

Attached is the registration package (*next page*) that must be completed and handed in before participating. Completed forms can also be scanned and emailed to chris.cartwright@sd23.bc.ca.

Important Dates:

Spring Camp: Monday, June 5th, 2023 - Friday, June 16th, 2023

Spring Scrimmages: JV - Monday, June 19th, 2023 Varsity - Tuesday June 20th, 2023 @ KSS - Time TBD

Training Camp: Monday, August 21st, 2023 - Friday, September 1st, 2023

All practice times are from 5PM - 7PM on the KSS Fields.

For more information, please connect with Mr. Cartwright: chris.cartwright@sd23.bc.ca.

T.O.U.G.H. PEOPLE WIN!

Be T.O.U.G.H.!

GO OWLS!





2023

KSS Football Registration Package

Package includes:

1. T.O.U.G.H. Philosophy
2. 2022 Registration Form
3. BCSSFA Concussion Information Sheet Form
4. Player Code of Conduct Form
5. Parent Code of Conduct Form

This package must be complete and returned before player can participate.

- Completed forms can be handed in to Chris Cartwright (Head Coach) or emailed/scanned to chris.cartwright@sd23.bc.ca

Important Dates

- Spring Camp – Monday, June 5th, 2023 – Friday, June 16th, 2023*
- Spring Scrimmages:
 - JV: Monday, June 19th, 2023 – @ Kelowna Secondary School – Time TBD
 - Varsity: Tuesday, June 20th, 2023 -@ Kelowna Secondary School – Time TBD
- Training Camp – Monday, August 21st, 2023 – Friday, September 1st, 2023

***All practice times are from 5PM – 7PM. Players should be at the KSS Fields by 4:30PM.**

*** PLEASE NOTE: All dates, times, and activities can change. Please keep eye on emails for any updates or changes. ***

T.O.U.G.H. People Win!



KELOWNA OWLS FOOTBALL

Owl T.O.U.G.H. Football

Playing football at Kelowna Secondary School is a privilege enjoyed only by those players who are willing to commit to the Owl T.O.U.G.H. football philosophy. Players must understand this philosophy and agree to commit to it if they wish to remain in good standing with the team.

Team

Football is first and foremost a team game. Your actions must show that you put the team first. Success in any team effort demands a commitment to your teammates. In order to bring out the best in each individual and the best in the team, you must support and trust each other on and off the field. Working well in a team setting will serve you in every aspect of your personal and professional lives, both now and in the future.

Ownership

Taking personal responsibility or ownership of our actions and attitudes is vitally important. Your actions and attitudes will define you as an individual and can have a profound effect on your team. We, as your coaches, are committed to doing everything we can to put you in the best possible situation in order to succeed. We own that commitment and expect the same commitment from you. You must be at every practice, every game and also put yourself in the best situation to succeed. You must own your commitment to your team.

Universal

Football is about developing positive, healthy and successful young men. Everything you learn on the field can be applied directly to your lives off the field. We expect you to be a diligent and hardworking student, a respectful classmate and a good citizen. You are encouraged to be an all-round student who tries new things and dares to do something new and unexpected!

Growth

As coaches at KSS, we value the growth you display over time far more than skill or talent. We want to see each of you improve in all aspects of the game. This means your full attention in practice, your best effort on and off the field and your active participation during games. If you are to grow as a player and a person you must make an honest effort in all of these areas.

Heart

We expect all of our players to compete with heart and passion. Never give up on the field, never quit on your team or yourself, and never give less than your best effort. Heart and passion is what turns good players into great players.



Kelowna Owls Football

2023 KSS Football Registration Form *PLEASE READ CAREFULLY*

This year's football fees will be **\$700**. There will be 2 payment installments. \$350 by our 2 week Spring Camp (\$100 of that will be **non-refundable**) and \$350 by Summer Training Camp. These payments will go towards your 2023 football fees. If a player discontinues to participate within 2 weeks of our Summer Training Camp or within 2 weeks after the registration date, a refund will be issued which will be subject to an administration fee. To sign out KSS football equipment, a separate **\$200** (does not count towards the registration fee) security deposit cheque is required (**Security deposit cheque must be post-dated for November 3, 2023**). The security deposit cheque will be held and only cashed if the equipment is not returned. Please attach the deposit cheque to the 2023 Registration Form which needs to be completed and signed before equipment sign out.

****Registration Form and payments must be completed and handed in before player can participate****

Our school offers an "Online Payment" service for football registration fees for **KSS students only**. Please visit www.centralokanagan.schoolcashonline.com. Completed Registration Forms with payments by **CHEQUE ONLY** will be accepted by Coach Chris Cartwright (Head Coach).

****Please make cheques payable to KSS Football****

Please Print Clearly

Player's Full Name: _____

Position (Offense & Defence): _____

Height: _____ Weight: _____

Birthdate (MM/DD/YYYY): _____

School Name in Sept. 2023: _____

Grade in Sept. 2023: _____

Player's e-mail: _____

Player's Home Phone #: _____

Player's Cell # (If applicable): _____

Address: _____ City: _____ Prov: _____

Postal Code: _____

Medical #: _____

Parents Contact Information:

Parent #1 Full Name: _____

Cell phone #: _____

Work phone #: _____

E-Mail: _____

Parent #2 Full Name: _____

Cell phone #: _____

Work phone #: _____

E-mail: _____

Emergency Contact's Full Name: _____

Emergency Contact's Phone #: _____

Any medical concerns, allergies, previous injuries: _____

Football Fees are used to cover the following costs: player & coach registration, equipment, equipment maintenance, transportation, referee fees, Hudl, and field rental fees.

Please indicate player's size for each item:

T-Shirt: **S** **M** **L** **XL** **XXL** **XXXL**

Jacket: **S** **M** **L** **XL** **XXL** **XXXL**

Pants: **S** **M** **L** **XL** **XXL** **XXXL**

Players are required to supply their own **cleats, gloves, practice socks, and warm and cold weather gear (ie. Under Armour).**

We will do our best to support fundraisers to help keep costs low.

Playoff Fee

We hope that we are successful enough to experience playoff play in the 2023 season. If we are fortunate enough to experience this, an additional fee will be charged to the participating student-athlete's account to help cover costs for post-season play. Price for playoffs will be determined depending where we are placed in the league.

PARENT CONSENT (Please read and sign below):

I hereby approve and consent to the above named person participating in the KSS Football Program. I understand the fees that are needed to participate in the KSS Football Program and the additional fees that may be charged during the season. I understand that injury or illness could possibly result from participation. I, or my family members, will not hold SD 23, Kelowna Secondary School or its coaching staff responsible for any injury, fatality, illness, or damage of property as a consequence of the said participation taking part in this activity. I have read and understand the consent in which I now sign.

Parent Name: _____ Date: _____

Parent Signature: _____



BRITISH COLUMBIA SECONDARY SCHOOLS FOOTBALL ASSOCIATION



CONCUSSION INFORMATION SHEET

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, ***all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.*** In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

Headaches	"Don't feel right"
"Pressure in head"	Fatigue or low energy
Nausea or vomiting	Sadness
Neck pain	Nervousness or anxiety
Balance problems or dizziness	Irritability
Blurred, double or fuzzy vision	More emotional
Sensitivity to light or noise	Confusion
Feeling sluggish or slowed down	Concentration or memory problems
Feeling foggy or groggy	(forgetting game plays)
Drowsiness	Repeating the same
Change in sleep patterns	question/comment
Amnesia	

Signs observed by teammates, parents and coaches include:

Appears dazed	Slurred speech
Vacant facial expression	Shows behavior or personality changes
Confused about assignment	Can't recall events prior to hit
Forgets plays	Can't recall events after hit
Is unsure of game, score, or opponent	Seizures or convulsions
Moves clumsily or displays lack of coordination	Any changes in typical behavior or personality
Answers questions slowly	Loses consciousness

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescents or teenage athletes will often under report symptoms of injuries and concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student athlete's safety.

Developing student athletes since 1934



BRITISH COLUMBIA SECONDARY SCHOOLS FOOTBALL ASSOCIATION



If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The BC Secondary School Football Association now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines.

You should also inform your child's coach if you think that your child may have a concussion.

Remember, it's better to miss one game than miss the whole season and... "When in doubt, sit them out."

For current and up-to-date information on concussions, please visit

<http://parachutecanada.org>

PARENT-ATHLETE CONSENT FORM

Athlete Name Printed

Athlete Signature Date

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature Date

By signing above, the signees acknowledge they have read the BCSSFA concussion policy and understand the risk of head injuries associated with playing a contact sport. The signees also agree to abide by all the guidelines set out by the BCSSFA concussion policy.

Parents/Athletes: Please return the signed form to your coach.

Coaches: Please keep all signed forms from your team.



KELOWNA OWLS FOOTBALL

Player Code of Conduct

If you want to be part of this football program, you must understand that there is a code of conduct that every player must follow. This code of conduct is rooted in our T.O.U.G.H. philosophy that our program bases everything we do as a team. Players must understand and commit to the following if they want to earn the privilege of being a KSS Owl. Every player must:

- Strive to be T.O.U.G.H.
 - Based on the T.O.U.G.H. philosophy, every player must understand that being a KSS Owl means that what we do on and off the field is what is best for the program. Players must trust the process and understand that the role that is assigned to them is what's best for the TEAM.
 - What matters is not what YOU want, what matters is what the TEAM needs. Players must understand that to experience success, you must have that mindset to do what they can to help the team.
 - Respect the people involved in the program.
 - Every player must:
 - i. Respect their teammates on the team. Everyone who commits to the program deserves respect.
 - ii. Respect and listen to the coaches. They must understand that the decisions that coaches make is what is best for the team.
 - iii. Display sportsmanship and respect to their teammates and opponents.
 - iv. Respect and follow the code of conduct of Kelowna Secondary School. This means respecting and listening to teachers, administrators, and staff members of the KSS education community as they are members of this program and apart of helping us succeed.
 - Understand that being a part of the program means that players represent everyone involved and conduct themselves in a manner that is best for the team.
 - It is a PRIVILEGE, not a right, to be a part of the KSS football program. Being part of this program means that you represent the school, team, community, and your family. Because you are a part of a team, your actions impact the team. You must:
 - v. Conduct yourself in a respectable matter in the school, on the field, and in the community.
 - vi. Understand that your actions, whether positive or negative, impact the team and program.
 - Commitment to practice. You must:
 - Plan to be at practice every day.
 - Plan ahead with appointments and work schedules so that practice is not missed.
 - Plan ahead so that all football equipment and uniforms are with you at school.
 - Be on time. Plan ahead so that you are never late.
 - Be prepared for opportunity.
 - Plan ahead, get organized and be in good standing academically.
 - Communicate with coaches if you are not able to make practice or if you're going to be late.
- Communication is key for success!

Attitude is 90 % of performance in football. We feel that these few simple rules reflect your attitude about our program. They are designed to make you aware of what we expect.

By signing below, you understand the T.O.U.G.H. philosophy and Code of Conduct that has been set in place. You understand that any violation of the code of conduct can result in consequences at practices, game suspensions, or a player being suspended indefinitely from the program.

Player's name

Player's signature

Date

Parent's/Guardian's name

Parent's/Guardian's signature

Date



Parent Code of Conduct

We thank you for trusting us to coach and teach your child the game of football, which we believe supports and helps develop their personal, social, and professional lives. Parent support helps the program reach the goals we are trying to achieve. Football is an exciting game and we love the excitement it gives everyone in our community. Through our T.O.U.G.H. philosophy, we encourage the ownership of this team to be that of the players with the guidelines set by the coaches. Here are some guidelines that we ask parents to follow to help create an environment that allows the players to take that ownership and build relationships with their teammates and coaches.

As a parent/guardian of a KSS Owl football player:

1. I will encourage my child in a positive way while participating.
2. I will encourage my child to build positive relationships with their teammates and coaches.
3. I will not yell at my child or other players in a negative way during games.
4. I will not coach from the sidelines, as I understand that is the coaches' role.
5. I will not approach the coaches about my child's playing time. If my child has concerns about their role on the team, I will encourage my child to communicate that with the coaches.
6. I will respect the referees during games.
7. I will respect and show appreciation to all coaches and volunteers, as they are giving their time to help create a positive experience for my child.
8. I will follow the 24 hour rule after a game before connecting with the head coach and coaching staff.
9. I will not criticize the other players on the team about their performance on the field.
10. I will honor the BC School Sports Spectator Code of Conduct (see page 2).
11. I will encourage my child to be T.O.U.G.H.!

By signing below, you understand the guidelines above and the role that you play as a parent/guardian of a KSS football player. Any violation of this code of conduct may result in your ability and your child's ability to be involved with the KSS football program.

Parent/Guardian Name

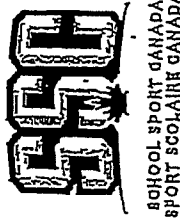
Parent/Guardian Signature

Date

SPECTATOR CODE OF CONDUCT

Attendance at this event entitles you to enjoy an exhibition of skills developed by athletes in an educational setting.

Please be respectful and encouraging in your approach to ALL athletes, officials, coaches and fellow spectators.



BE LOUD BE PROUD BE POSITIVE