#### ÉCOLE KELOWNA SECONDARY SCHOOL



# WHOO'S NEWS





250-870-5105



kssowls\_

OCT 24, 2025

**OCT 27** 

1/2-3/4

**OCT 28** 

5/6-7/8

**OCT 29** 

1/2-3/4
Dual Credit Night

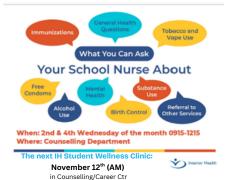
**OCT 30** 

5/6-7/8



1/2-3/4 Halloween events in MPR

UPCOMING DATES	
Nov 2	Daylight Savings
Nov 3-7	Ministry Assessments - Numeracy
Nov 7	Quarter 1 ends
Nov 10	Quarter 2 begins
Nov 10	Remembrance Day Ceremony
Nov 11	Remembrance Day (No School)
Nov 12	IH Student Wellness Clinics (AM)
Nov 17-25	DELF Exams
Nov 18	KSS PAC Zoom Meeting
Nov 20	Harmony Day
Nov 21	Student Written Learning Updates published
Nov 25	COBSS Online Application opens
Nov 25-26	Post Secondary Prep #2 in LLC at lunch
Nov 26	IH Student Wellness Clinics (AM)
Nov 26-29 / Dec 3-6	Night Owl Theatre presents: "Queens"









#### KSS HALLOWEEN GUIDELINES

Students are welcome to bring a costume to school on Halloween - Friday, October 31st. Our leadership team has planned a number of fun activities for students on this date!

## Costumes must be appropriate for the school environment. Please review the following guidelines:

- Costumes are expected to be school appropriate.
- Costumes with masks are not permitted.
- Costumes are not to have any dangerous accessories (i.e. toy guns, swords, or any other weapons).
- Costumes that are offensive to others' religion, race, culture or belief system are not permitted. Students must show respect for others by not choosing costumes that are insensitive and/or offensive to the diverse backgrounds represented by others at our school.



KSS promotes the values expressed in the **BC Human Rights Code** respecting the rights of all individuals in accordance with the law – prohibiting discrimination based on race, colour, ancestry, place of origin, religion, marital status, physical and mental disability, gender identity and gender expression, sex or sexual orientation – In respect of discriminatory publication and discrimination in accommodation, service, and facility in the school environment.





## Strong Meighbourhoods OUTH **Development & Engagement** Grant

Be a leader. Build connection in your community. The City of Kelowna offers up to \$1,000 in matching grant funds for youth-led community projects or events.

Have an idea that will improve your neighbourhood or build relationships? Team up with fellow youth aged 13-24 in your community to get creative and take the lead. Rack up volunteer hours, boost your resume, hone your leadership skills, and build friendships while improving your community.





## MINISTRY ASSESSMENTS

For more information on Dual Credit Progams visit our website

SKILLEDTRADESBC

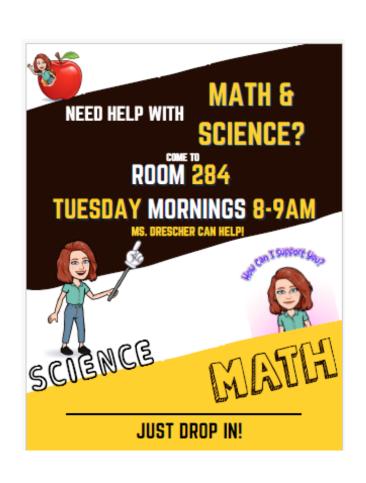
Students graduating with a Dogwood Diploma in B.C. are required to complete Numeracy 10, Literacy 10, and Literacy 12 assessments. The Literacy 10 and Math 10 assessments are available to be written in Math 10 Classes and English 10 courses in November, January, April, and June each year.

Numeracy 10 is scheduled in-class for the week of Monday, November 3 - Friday, November 7.

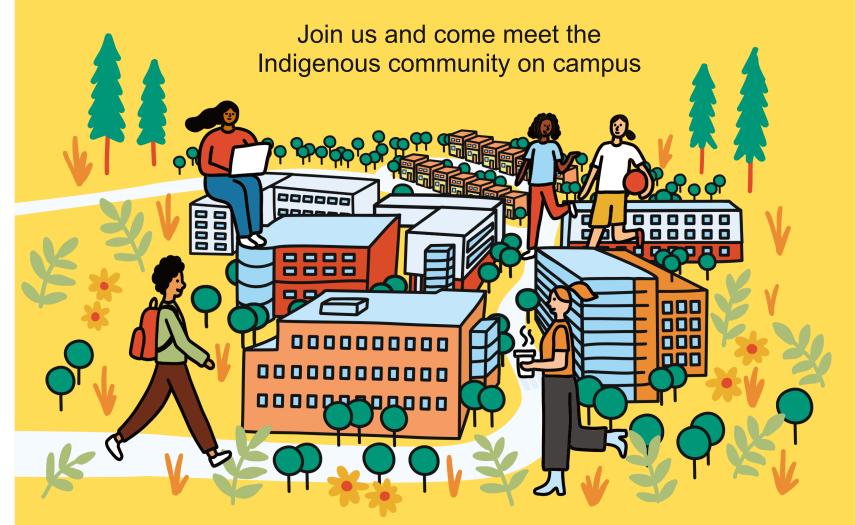
Literacy 10 and 12 assessments will be written in class in January.

All dates are added to KSS Calendar on KSS website.

Please contact KSS Vice Principal Mike Kormany michael.kormany@sd23.bc.ca with any questions.



## Indigenous GRADE 12 DAY



Tuesday, October 28th | 10 AM - 1:30 PM

## **UBC Okanagan Campus | University Center Ballroom (UNC 200)**

Indigenous Programs & Services and Indigenous Recruitment & Advising invites you to attend Indigenous Grade 12 Day. Tour the beautiful Okanagan campus, hear from current Indigenous students and staff, and learn about UBC's undergraduate programs, campuses, awards, and the application process.

We can't wait to meet you and answer any questions you have about university life!

Contact Ryan Conneely for more info: ryan.conneely@ubc.ca





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## **WELCOME CIRCLE**

Every Mondays, Wednesday and Thursday | at lunch time | Room 182 (ELL room)

Join us for a lunch program for newcomer youth:

- Make new friends
- Plau games
- Talk to your SWIS
- Learn about your school and community
- Free Snacks









Everyone is Welcome!



- · Learn new skills
- Work with friends
- Ask questions to your SWIS
- Get help with your homework (3 3:20 PM 4:30 PM
  - Every Thursday
    - Room 182 (ELL Room)

## Peer Networking CLUB

Every Monday, Wednesday and Thursday at lunch | Room 182 (ELL room)

Join us for a lunch program for newcomer youth:

- · Learn how to be a leader
- Plan fun activities
- · Help other students
- Share your ideas
- Make new friends



These projects brought to you by the Settlement Workers in School (SWIS)





### Kelowna Secondary School École Secondaire Kelowna

1079 Raymer Avenue, Kelowna, B.C. V1Y 4Z7 Ph: (250) 870-5105 Fax: (250) 870-5105

Dear Parents and Guardians of Kelowna Secondary School Grade 12 Students,

Warm greetings as we anticipate another landmark year for our students! Please mark your calendar for KSS Prom 2026 on Friday, May 15th at the Delta Grand Okanagan Resort in Downtown Kelowna. Students will go straight from the grad walk to prom with lots of photo opportunities for parents, guardians, family, and friends.

We would like to remind you of a streamlined approach to fundraising for the Class of 2026's graduation celebrations. Beginning this month, we are inviting families to support our efforts in making prom accessible to all by donating through the school's cash online service. Direct fundraising will significantly aid us in securing entertainment, as well as delectable food and beverages ahead of time.

Ensuring inclusivity, we stress that no student will be left out of graduation events due to monetary constraints. For those in a position to do so, there will be an option to contribute additionally to support fellow families who may face challenges in this aspect, as well as many opportunities for corporate sponsorships.

Also, parent involvement is what will make the prom event truly exceptional, and we warmly invite you to volunteer with us. We will be sending out further information in the coming months on how parents can sign up to volunteer in the days leading up to prom and for the event itself.

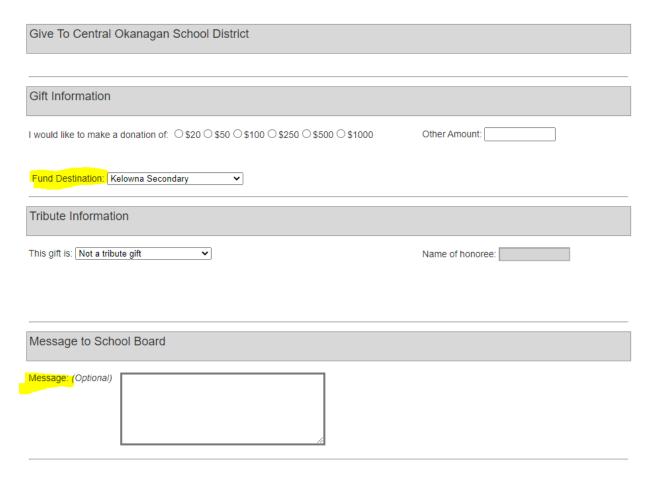
Connect with us! If you have any questions or wish to get more involved, please reach out via email to <a href="mailto:Daniel.Ragobar@sd23.bc.ca">Daniel.Ragobar@sd23.bc.ca</a> or Natalie.Spencer@sd23.bc.ca

With heartfelt thanks, Kelowna Secondary School - Graduation Coordinators Parents can donate to KSS through School Cash Online. Below are the steps with screen shots. Let me know if this doesn't make sense to you.

Once logged in, a donor will choose the Make A Donation button.



- Under Gift Information, the donor can chose the amount of their donation
- In the Fund Destination they choose Kelowna Secondary in the drop down menu.
- It is also important that donors write in the message box that this is a KSS Prom Donation.



# Substance Use Prevention Series



Online Learning for Parents, Caregivers, and Guardians

This series is designed to support parents, caregivers, and guardians across BC with tools and strategies to help with substance use prevention in the home. In this document, you will find three webinars recorded live between February 2024 and May 2025, each containing a one-hour presentation and a 30-minute live Q&A. You will also find an additional set of questions with recorded answers to assist in applying these concepts to real-life circumstances. The purpose of these sessions is to equip adults with skills that will help youth and adolescents make healthy decisions to support their well-being both now and in the future.

**Note:** These sessions do not address intervention strategies for substance use challenges. If your child is struggling, please refer to **erase** for more support.



## © Conversations that Promote Substance Use Prevention

This webinar explores six practical conversation strategies for adults that help children and youth learn to make healthy decisions that support their long-term well-being.



#### 📻 Teaching Substance Use Prevention Skills

This webinar explores the four essential skills that every child and youth needs to know to encourage substance use prevention, and provides strategies for teaching these skills in the home.



#### 📻 Creating a Substance Use Prevention Plan

This webinar explores the common challenges that arise when encouraging substance use prevention skills in children and youth, along with tools and strategies for overcoming these barriers.

## Substance Use Prevention Series - Q&A



openparachute®

The following questions were asked during live sessions and have been answered separately to assist parents, caregivers, and guardians in applying the content of the webinars to their real-life situations.



What are the signs that my child might need therapy?

Watch Video →



If our child can't calm down, how can we help them, while at the same time quickly getting out



How can I establish boundaries safely with a 16year-old girl who battles acute anxiety and depression?

Watch Video →



of the situation?

Watch Video →



If my child has hit puberty and doesn't talk to me, what do I do?

Watch Video →



How do we recognize when a child is being enabled for their ongoing bad behaviour? How can we teach accountability?

Watch Video →



When kids are forming friendships, and you are uncertain of the friends they are keeping, what are gentle ways of guiding them to be aware of good friends vs not good friends?

Watch Video →



My husband smokes weed daily, and I vape. How can I possibly teach the right things about substance use when we are clearly addicted to substances right in front of him?

Watch Video →



What do I do with a young teen who is addicted to hard drugs and is rejecting all attempts to connect or get support?

Watch Video →



My children are sometimes lazy and don't want to do things to help out, and they can be rude about it. Do you have any tips on dealing with jerk-mode kids?

Watch Video →



When should we worry when a teenager starts using substances? When is it normal experimenting, and when is it a problem?

Watch Video →



I know my 14-year-old uses substances occasionally. How do I balance open communication and upholding household rules? It's hard to say "I don't approve, but I want you to talk to me about it."

Watch Video →



You say we should "accept" our children's feelings. Is it harmful to accept my child's feelings if they are drawn to harmful things like drugs?

Watch Video →



Should we talk to our kids about students in university overdosing if this is being shown in the media?

Watch Video →



How can I start having more meaningful conversations with my teenage son, so that he can feel more comfortable opening up to me, and it's not a one-sided interrogation?

Watch Video →