



École Kelowna Secondary School

Whoo's News

February 21, 2025



2025 - 2026 COURSE REQUESTS



2025-2026 Course Request **Parent/Student Night** for incoming Grade 11s (YOG 2027) & incoming Grade 12s (YOG 2026) is on **Wednesday, February 26th at 6:00 p.m. in KSS MPR.** *You do not need to RSVP.*

In-class Course Requests for KSS Students (incoming Grade 11 & Grade 12) will take place the last week of February. **Students must have access to their MyEd Student Portal for Course Requests!** See Student MyEd Login instructions [HERE](#). If your account has been disabled, see the front office.

The Course Request Deadline is Thursday, March 6th for incoming Grade 11s & incoming Grade 12s.

Course Request Sessions at feeder middle schools are being held February 18-20. KSS Admin and Counsellors will host in-class sessions with students using the MyEd Student Portal to request their next year courses.

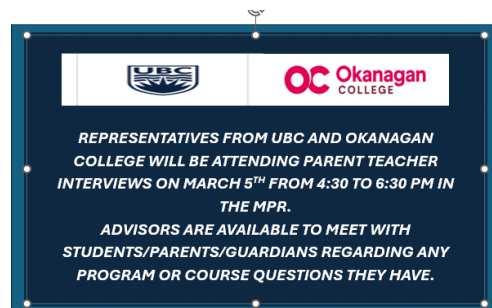
If you missed the Course Request Parent/Student Night for incoming Grade 10s (YOG 2028), you will find the "Grad 2028 Course Request Information" slideshow presentation on the KSS Website under "KSS Courses" (see link below).

The Course Request Deadline is Friday, February 28th for incoming Grade 10s.

All Course Request Information (Viewbook, Planning Forms, Slideshow Presentations, etc.) is on the KSS Website, "About", "KSS Courses". [HERE](#) is the link.

Upcoming dates . .

Feb 26	Pink Shirt Day
Feb 26	2025-2026 Gr 11&12 Course Request Parent & Student Night (see above)
Feb 28	2025-2026 Gr 10 Course Request Deadline
Feb 28	Yearbook purchase deadline
Mar 5	Early Dismissal at 1:30 p.m.
Mar 5	Parent-Teacher Conferences 4:30-6:30 p.m.
Mar 6	2025-2026 Gr 11&12 Course Request Deadline
Mar 11	Jazz in the KSS MPR 7:00 p.m.
Mar 13	Multi-Cultural Day in MPR
Mar 13	Locker Clean Out
Mar 15-30	SPRING BREAK
Mar 31	Schools re-open after Spring Break (full day)
April 7-11	Ministry Assessment Week



Mental Health Memo from your counsellors:

Confidence grows by doing hard things, not by avoiding them.

PARENT-TEACHER CONFERENCES

Wednesday, March 5

Parent-Teacher Conferences have been scheduled for Wednesday, **March 5th**. Students will be dismissed at 1:30 p.m. on this day and buses will be running.

Interviews are held between 4:30 p.m.—6:30 p.m.

There are no pre-scheduled appointments.

First come, first served, in KSS Gym.

BLOCK ORDER IS 3/4-1/2

BELL SCHEDULE:

8:55 a.m.	Warning Bell
9:00 a.m. – 10:05 a.m.	Period 1
10:10 a.m. – 11:15 a.m.	Period 2
11:15 a.m. – 11:25 a.m.	Break
11:25 a.m. - 12:25 p.m.	Period 3
12:30 p.m. – 1:30 p.m.	Period 4

**KSS Yearbook DEADLINE to purchase
is Friday, FEBRUARY 28**

\$35.00 for regular

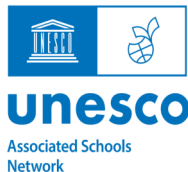
\$40.00 for personalized

There were two separate fees set-up for yearbook: one with the early bird pricing and then a second one that is now open to purchase.

BEFORE ORDERING, of if you are *not sure* if you purchased a yearbook, **PLEASE** look in your **Item History** in School Cash Online to see if your family has already purchased a yearbook. *If you have already purchased it, you will NOT see the item available for purchase.*

Order & pay online at:

School Cash Online.



Currently École Kelowna Secondary School is a candidate school in the **UNESCO Associated School Network (ASPnet)**. We look forward to gaining full membership once we are able to share all of the amazing things that happen at our school.

The UNESCO Associated Schools Network consists of close to 10,000 schools across 181 countries. Within this network there are 100 Canadian UNESCO schools from across 8 provinces and the Yukon Territory. As part of this network we will work with schools from across the country and around the world to promote the ideals of UNESCO valuing rights and dignity, gender equality, social progress, freedom, justice and democracy, respect for diversity, and international solidarity.

At KSS we will communicate and observe multiple UNESCO days, and make classroom and school connections to the 17 United Nations Sustainable Development Goals. Furthermore, we will focus on the following thematic areas outlined by the Canadian Commission for UNESCO:

- ⇒ Education for all
- ⇒ Global Citizenship Education
- ⇒ Reconciliation
- ⇒ Education for Sustainable Development

The UNESCO Associated Schools Network will provide us an excellent platform to highlight all the great things we do within the school and the broader community. Moreover, it will provide future opportunities for students and staff to collaborate with other schools. We are proud to be a part of this network, and are looking forward to many UNESCO related events to come.



Health Nurse Wellness Clinics in School Settings for Grade 10, 11, 12 Students

To students & their parents, guardians, or representatives:

As part of Interior Health (IH) - Central Okanagan's efforts to provide access to public health nursing (PHN) support and services, IH will be offering in-school PHN Wellness Clinics for grade 10, 11, & 12 students between now and the end of this school year.

During the Wellness Clinics in the school, Public Health Nurses will be available to talk with students and answer any questions about public health nursing services, such as health and wellness promotion/disease prevention information, and resources. This is also a great opportunity for senior high school students to meet with a public health nurse to assess their immunization history and ensure they have all the necessary vaccinations before they graduate. Some post-secondary schools/training programs require immunization history prior to starting the program. Additionally, based on information gleaned from the recent 2023 McCreary Adolescent Survey indicating a growing concern from students regarding a variety of health-related topics, these in-school clinics will offer improved access for students to reach out to a health professional. COVID-19 or Influenza vaccines will not be offered or provided at these Wellness Clinics.

Kelowna Secondary School administration and their public health nurse have identified the following days and times for PHN Wellness Clinics at KSS:

2nd and 4th Tuesday of the month from 9:30 a.m.—12:30 p.m.:

February 25

March 11

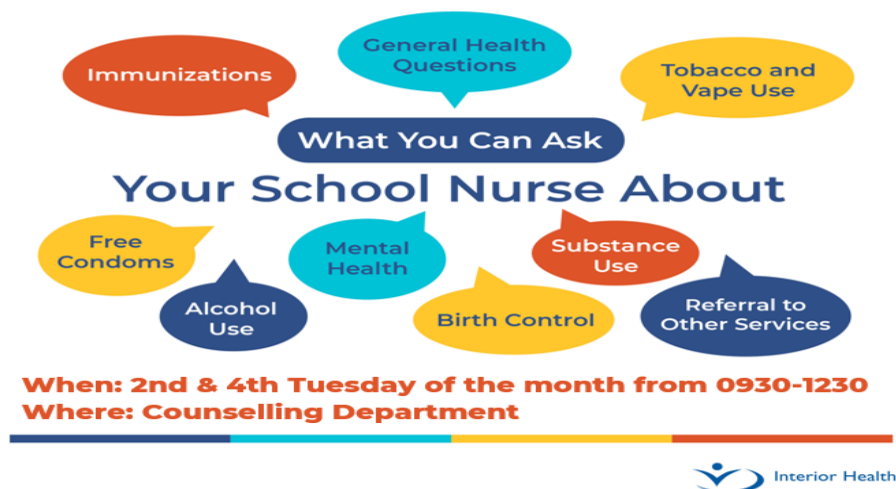
April 8 and 22

May 13 and 27

June 10

Location: Counselling Center Offices, Career Centre

If you have any questions, please contact Stacey Rollinson, R.N., via email at: stacey.rollinson@interiorhealth.ca or by phone 250-469-7070 ext 13305



KSS ATHLETICS



Congratulations to Coen Kissmann!

Grade 10 KSS student Coen Kissmann was nominated as a finalist in the U16 male Cross Country Athlete of the Year category at the 2025 BC Athletics Awards.

For updates, and Athletic calendar, see KSS Athletics on the KSS Website under "Students" top tab. [HERE](#) is a link.



PLANT FUNDRAISER



KSS "Kracken" Field Hockey Team is fundraising for a trip to Argentina in July.

Please consider purchasing plants from this site to support the team. Delivery will be to KSS parking lot on May 6, 2025—*right in time for Mother's Day!*

Orders are due by April 21st.

Order [HERE](#).

Thank you for your support!



KSS MUSIC
& DIRECTOR SHEILA FRENCH PRESENT
SHOWCASE 2025
WITH SPECIAL GUEST CASORSO ELEMENTARY
& DIRECTOR LAURA MIREAU

MONDAY, MARCH 3RD 7:00PM
DOORS OPEN AT 6:30PM
THE SANCTUARY LUTHERAN
4091 LAKESHORE RD
WITH MC RYAN DONN

PROCEEDS GO TO SUPPORT THE KSS MUSIC DEPARTMENT

COME SUPPORT STUDENTS AS THEY SHOWCASE THEIR MUSICAL TALENT!
ENJOY A SNACK OR A BEVERAGE AT THE CONCESSION STAND
OR PURCHASE AN ITEM AT OUR SILENT AUCTION.

GENERAL: \$20 STUDENTS: \$10
TICKETS AVAILABLE FOR PURCHASE THROUGH
KSS MUSIC STUDENTS OR AT THE DOOR

Caregivers EFFT Workshop

Emotion Focused Family Therapy

Is your youth struggling with mental health challenges like anxiety, depression, substance use, or eating disorders? Do you need support navigating their behaviour, setting limits, or responding to their emotions?

This workshop aims to equip caregivers with practical skills and tools to better support their loved ones facing mental health and wellness challenges.

Monday March 10 and Tuesday
March 11 9am - 4pm

2 DAY WORKSHOP

In-person at Foundry Kelowna 100-1815 Kirschner Rd

To register email kendra.arthurs@cmhakelowna.org AND
michelle.ouimet@cmhakelowna.org or call 236.420.2803



Canadian Mental
Health Association
Kelowna

Operator of

• **FOUNDRY** •
KELOWNA

BIPOC CONNECTIONS GROUP

FOR STUDENTS OF COLOUR TO CELEBRATE,
CONNECT, AND GIVE SPACE TO BE THEMSELVES

LUNCH

ROOM 243

WEDNESDAYS

B
C
G

BLACK
INDIGENOUS
PEOPLE
OF
COLOUR

TEACHER SPONSORS
RAGOONADEN
RAGOBAR
DRESCHER



TRANSITION TO EMPLOYMENT PROGRAM & SERVICES

WHEELS is ready and ABLE to keep you
moving on the slopes or trails!



**Bike Tune-Up
or
Ski/Snowboard
Wax & Sharpen**

\$24.99



📍 #1- 2235 Leckie Rd.
🕒 Mon. - Fri. 9:00 a.m. - 3:30 p.m.
☎ 778-484-4054



Central Okanagan
Public Schools
Together We Learn



We Don't Want You to Sell Anything!

But we still need your help

Dear Parents/guardians.

Each year the KSS PAC provides 2 bursaries and 2 scholarships of \$1000 each to KSS graduates who will be attending post-secondary education in the Fall of their graduating year. The bursaries/scholarships are awarded to students based on financial need, academic achievement, and a desire to pursue post-secondary education in Canada.

Previously, these were funded through KSS's annual provincial community gaming grant, however, gaming funds are no longer allowed to be used for bursaries and scholarships. Hence, the PAC must fundraise in order to continue to provide these funds to support KSS students in their future education.

This is where YOU come in!

Please consider donating! Any amount, no matter how large or small, makes a difference!

Our fundraising goal is \$4,000 to cover the awards for 2025 graduates. Any funds beyond our goal will be held in a PAC scholarship account for future years!

How to donate

We have decided to use the school district donation option this year for our scholarship/bursary fund. It allows us to keep all of the money that you donate, rather than having to pay platform fees, and gives you a tax receipt. **WIN-WIN!**

Steps:

1. Go to www.schoolcashionline.com and sign in using your credentials that you pay your school fees with
2. Click *Make a Donation* to open the donation form
3. Choose *Kelowna Secondary*
4. In the message box write *PAC Scholarship Fund*
5. *Add to Cart* to go to the payment page

With your support, we can empower the next generation of leaders, thinkers, and changemakers.