



Whoo's News



September 29, 2023

Coming Soon



INTERIM REPORTS

Interim Reports will be issued by classroom teachers October 3—4. Please ask your child to share it with you!

PARENT-TEACHER INTERVIEWS OCTOBER 11th

Parent-Teacher Interviews have been scheduled for Wednesday, **October 11th**. Students will be dismissed at 1:30 pm on this day. Buses will be running.

Interviews are from 4:30 pm—6:30 pm in the gym.

No appointments are necessary.

EARLY DISMISSAL	
<i>Parent-Teacher Conferences (Oct 11 & Mar 1)</i>	
8:55 a.m.	Warning Bell
9:00 – 10:05	Period 1
10:10 – 11:15	Period 2
11:15 – 11:25	Break
11:25 – 12:25	Period 3
12:30 – 1:30	Period 4

Upcoming dates . .

- Sept 30 National Day for Truth and Reconciliation
- Sept 29-Oct 1 Jr. Best of the West Volleyball Championships
- Oct 2 **NO SCHOOL**—in lieu of National Day for Truth and Reconciliation
- Oct 3 Jazz and Choral Music Parent Meeting 7:00 p.m. in room 128
- Oct 5 World Teachers' Day
- Oct 6 **NO SCHOOL**—Implementation Day
- Oct 9 **NO SCHOOL**—Thanksgiving Day
- Oct 10 KSS PAC Meeting via Zoom at 6:30 p.m.
- Oct 11 **Early Dismissal at 1:30 p.m.**
- Oct 11 **Parent-Teacher Conferences—4:30-6:30 p.m.**
- Oct 13-15 Sr. Best of the West Volleyball Championships
- Oct 16-17 Post Secondary Prep #1 at lunch in the KSS Library
- Oct 18 **PHOTO RE-TAKES**

National Day for Truth and Reconciliation



GRAD 2024



The most up-to-date Grad 2024 information may be found on the KSS Website, under “Students”, “Grad” - Link [HERE](#).

2023 Post Secondary Institution Representative Visits to KSS

Date	PSI Name	Time	Location
Oct. 12 th	Dalhousie University rep	11:30-12:30	MPR
Oct. 19 th	University of Calgary rep	11:30-12:30	MPR
Oct. 25 th	University of Victoria Business Faculty presentation	11:30-12:30	101E
Nov. 21 st	University of Saskatchewan	11:30-12:30	MPR
Nov. 21 st	Center for Arts & Technology	11:30-12:30	MPR

REMEMBRANCE DAY

Last year for the KSS Remembrance Day Ceremony we made a slideshow of family members and/or friends of the KSS Community that have served. If you have a digital copy of a photo of a loved one that you would like to be added to the presentation this year, please email it to Mr. Holly at ryan.holly@sd23.bc.ca, along with the name of the person(s), their rank if known, and their relations to KSS. If you provided a photo last year it will be included in this year's presentation (i.e., you do not need to send it again). See Mr. Holly for questions. Thank you.



Example:

KSS ATHLETICS

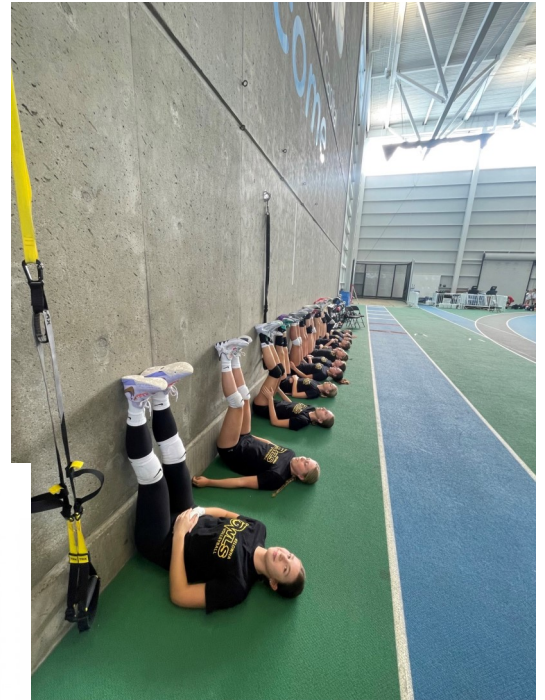
For updates, and Athletic calendar, see KSS Athletics on the KSS Website under "Students" top tab. [HERE](#) is a link.



Jr. Girls Volleyball



4A Sr. Girls Volleyball



AAA Sr. Boys Volleyball





KSS PAC



The Parent Advisory Council plays an important role in the school. While there is a PAC executive, every parent/guardian with a child at KSS is automatically a PAC member and is encouraged and welcome to attend and give input/ask questions at any or all PAC meetings. It's a great way to stay connected to school happenings. PAC Meetings are also an opportunity to bring questions or concerns to administration or to PAC attention.

THE NEXT KSS PAC MEETING IS

Tuesday, October 10 at 6:30 p.m. via Zoom

To attend: Please Email kss.pac@sd23.bc.ca, along with the name of your student and grade, saying you wish to be added to our PAC meeting notification list. Those on the list will be emailed the zoom link and the proposed agenda the day before or morning of the meeting date. You can also use the same email address if you have comments/questions for PAC.

Note: If you attended the Sept. PAC meeting and have already provided your email this school year, no need to email again.

For more information on KSS PAC, including all meeting dates, minutes of meetings and PAC Executive, please see KSS Website, Parents, PAC. Link is [HERE](#).

The November meeting is on Tuesday Nov 14th and will be IN PERSON at KSS LLC at 6:30 p.m.

We hope to see you at a PAC Meeting soon !



OCTOBER CAREER FAIR FOR HIGH SCHOOL GIRLS

[SCWIST](#), is an organization that works to introduce K-12 girls to a wide range of exciting career options and positive female role models in STEM.

There is an upcoming Career Fair Event for high school girls that is happening **online** on **October 19, 5-6pm PDT**.

This event will feature **women professionals** working in diverse STEM careers. Participants will learn about their various careers including **Uro-Oncology, Biochemistry and Teaching**.

This event is open to all girls. Participating high school girls will also get the opportunity to chat with women professionals and ask questions about their careers.

Free registration [HERE](#).

EMPOWERING YOU **Building Resiliency**

Empowering YOU is a 10-week program that provides mental health education to help young adults develop skills that enable them to cope with challenges in life. The ultimate aim of Empowering YOU is to help youth aged 14 to 17 to manage stress, moments of anxiety, mood challenges, and relationship difficulties through self-awareness, coping strategies (e.g., mindfulness), connecting with nature and physical activity.

ABOUT THE PROGRAM

The goal of this program is to develop a sense of connection and belonging among participants in the 10-week program while learning about tools and techniques to manage their mental health. The program will run once a week for two hours. The first hour is dedicated to learning and information. During the second hour, youth engage in physical activity which gives them an opportunity to experience and practice the information and learning. The program builds largely on the work of Jill Rathus and Alec Miller (2015) and dialectical behaviour therapy (DBT) and more specifically their DBT Skills Manual for Adolescents.

GUIDING PRINCIPLES

The overarching guiding principle for Empowering You is to create a safe space by:

- ✓ Creating and supporting positive experiences and peer relationships.
- ✓ Ensuring programming is standardized, age-appropriate and builds on best practice.
- ✓ Incorporating and practicing emotional, physical and mental risk management.
- ✓ Practicing strength based and trauma informed approaches to facilitation

PARTICIPANTS

Empowering YOU is a program for youth, aged 14 to 17, including youth in care or aging out of care, to assist with managing stress, moments of anxiety, mood challenges and relationship difficulties.

WHERE AND WHEN

Parkinson Recreation Centre
1800 Parkinson Way
Thursdays 6:00 - 8:00 pm
October 12 to December 14, 2023

WAYS TO REGISTER:

Course ID: **28669**

1. Online at rec.kelowna.ca
2. By phone: 250-469-8800
3. In person at Parkinson Recreation Centre

TURN YOUR PASSIONS INTO PATHWAYS!

SHAD PROGRAMS give Grade 10 and 11 students a once-in-a-lifetime opportunity to **grow** their mind-set, **collaborate** in a university classroom with youth across the country (and internationally!!), and **build** community change maker capabilities using #STEAM4Good to make an impact!

Click the link above for more information.

Applications are open until Dec 1st.

Two program options,
one amazing
experience:



STUDENT VOLUNTEERS NEEDED

FAMILY MONSTER BASH

City of Kelowna

See the KSS career centre to sign up

Deadline to apply is October 19

Sunday, October 29
Capital News Centre
1-4 p.m.

Free fun for the entire family!

Donations of non-perishable food items are appreciated at this event in support of the Central Okanagan Food Bank.

Recommended for ages 2-12 years
(children must be accompanied by an adult)
Concession will be open.
Skate rentals are available, don't forget your helmet!

- Obstacle course
- Bouncy house
- Active games on the fields
 - Fun halloween games
 - Face painting
 - Zorb soccer
 - Free skate
- Prizes, treats and more!



UBC Engineering Prospective Student Events

Discover your future at one of Canada's top engineering universities.

UBC ENGINEERING OPEN HOUSE - ONLINE

THURSDAY, OCTOBER 12 TO SATURDAY, OCTOBER 14
OCT 12: 6:00-8:00PM PT | OCT 13: 4:00-6:30PM PT |
OCT 14: 9:00-11:00AM PT

Discover UBC Engineering through presentations, panel discussions and virtual booths. Our panel of faculty, staff and students will be available to answer your questions. Can't attend the live event? Be sure to register and we'll email you the event recordings.

[REGISTRATION](#) | [WEBSITE](#)

UBC ENGINEERING OPEN HOUSE - ON-CAMPUS (OKANAGAN)

**SATURDAY, NOVEMBER 18 | 10:00AM-2:00PM PT | UBC
OKANAGAN CAMPUS, KELOWNA, BC**

Explore all UBC Engineering has to offer at our Okanagan Campus in Kelowna and discover what your future could look like at one of the top engineering programs in Canada. We hope that you'll take advantage of the chance to explore some of our campus, check out our student spaces and lecture halls, as well as talk with professors and current students.

Register now to receive important event details and registration details for laboratory and campus tours!

[REGISTRATION](#) | [WEBSITE](#)

PROSPECTIVE STUDENT ONLINE EVENTS:

UBC ENGINEERING: EVERYTHING YOU NEED TO KNOW

WEDNESDAY, OCTOBER 25 | 5:00PM PT

Engineers solve problems and make the world a better place to live. Discover some of the ways engineering impacts your life every day and everything you need to know in order to become an engineer, beginning with admissions details to UBC Engineering. This session is also great for younger high school students to learn about the courses you need to take in high school to be eligible for UBC Engineering.

[REGISTRATION](#) | [WEBSITE](#)





ASK ME ANYTHING: UBC ENGINEERING ADMISSIONS FOR CANADIAN STUDENTS

WEDNESDAY, NOVEMBER 22 | 5:00PM PT

Students that are Canadian or Permanent Resident of Canada are invited to ask our advisors all of your last-minute questions before submitting your application for the Bachelor of Applied Science (Engineering) at UBC. This session will recap the most important information you need to know when applying and will serve as a forum for you to ask questions, hear from other applicants, and learn why UBC is one of the top engineering programs in Canada.

[REGISTRATION](#) | [WEBSITE](#)

ASK ME ANYTHING: UBC ENGINEERING ADMISSIONS FOR INTERNATIONAL STUDENTS

FRIDAY, NOVEMBER 24 | 8:00PM PT

International students are invited to ask our advisors all of your last-minute questions before submitting your application for the Bachelor of Applied Science (Engineering) at UBC. This session will recap the most important information you need to know when applying and will serve as a forum for you to ask questions, hear from other applicants, and learn why UBC is one of the top engineering programs in Canada.

[REGISTRATION](#) | [WEBSITE](#)



Connect with us ...

Looking to find out more about the UBC Engineering? Have questions about the student experience? Check out these resources:

UBC Engineering Ambassadors - Chat live with a UBC Engineering Ambassador for the Okanagan and Vancouver campuses:

[**CHAT NOW**](#)

Prospective Student Newsletter - Sign up for regular emails from us to receive links to videos, sign-ups for events, and invitations to chat with current students:

[**SUBSCRIBE**](#)

Engineering Stories - Learn about our engineering program from current undergraduate students at the Okanagan and Vancouver campuses:

[YOUTUBE](#) | [TIKTOK](#) | [INSTAGRAM](#)





Central Okanagan
Public Schools
Together We Learn

SAVE THE DATE!

DUAL CREDIT INFO NIGHT

Thursday, October 26, 2023



STUDENTS & PARENTS WELCOME!!

Central Okanagan Public Schools is hosting a **Dual Credit Information Night** on **Thursday, October 26, 2023** at 6:00 pm at **Kelowna Secondary School**.

The purpose of this event is to showcase our Dual Credit Program options and provide an opportunity for students and parents to communicate directly with our post-secondary and industry training partners.

Please join us to discover the many benefits of a dual credit program, including tuitions sponsorships and the ability for students to get a head start on a rewarding career.

Agenda

5:30 pm: Doors open to public to visit with post-secondary partners

6:00 pm: Dual Credit Presentation Overview - Bob Boback

6:20-7:00 pm: Parents & Students have an opportunity to talk with post-secondary partners to learn more

7:00 pm: End of Event



SKILLED**TRADES**^{BC}





KELOWNA OPEN HOUSE

1000 KLO Rd, Kelowna

Thursday, Oct. 12, 2023, from 6 to 8 p.m.
Discover more at: okanagan.bc.ca/infosessions



Questions? Contact us at AskOC@okanagan.bc.ca

ADHD **INSIDE**
OUT



Emotional outbursts have a greater impact on relationships, communication, and group participation than most other ADHD challenges. They also lead to the deepest misguided judgments about the individual's "bad character". This webinar will help you understand what is truly going on, and how to respond in a helpful, respectful, and productive manner.

PRESENTED BY

Dan Duncan, ACC

ADHD Coach/Consultant



7:00pm on October 17th, 2023

Please register [HERE](#)
for this free online event

SPONSORED BY



Central Okanagan Parent Advisory Council