

## Whoo's News

**December 9, 2022** 

Congratulations to the Senior Boys and Girls Volleyball Teams for qualifying for Provincial play this past weekend.

There were some fantastic games and in the end our Girls placed 6th and our Boys took 1st place.

















#### CENTRAL OKANAGAN BURSARY & SCHOLARSHIP SOCIETY(COBSS) AWARDS

Grade 12 students who are planning to attend post-secondary schools in September 2023 are encouraged to apply to the Central Okanagan Bursary and Scholarship Society awards (COBSS).

Please visit the COBSS website www.cobss.ca to find the link to the student application which contains the eligibility criteria and instructions.

To access awards, students will need to use the school code - kss2023.

The application is now open and will close at 11:59 pm on January 9th, 2023.

Students must complete the application online AND print a copy of both the application and the selected awards before the site closes. The two required statement of reference forms need to be in a sealed envelope or delivered directly to the counsellors by the referee. Printable and fillable statement of reference forms are also on the COBSS website.

Paper copies of the application package need to be submitted to the counselling center on or before 9:00 am January 10th, 2023 with both the required student and parent signatures.

KSS Counsellors will add each applicant's transcript and will submit the application package directly to COBSS on behalf of the student.

The applicant's package will contain the following items held together with a paperclip (NO STAPLES).

- 1. One printout of My Application (signed by student and parent/guardian)
- 2. One printout of the Statement of Awards
- 3. Two Statement of Reference forms (in sealed envelopes or handed in directly to school counsellor by referee)

#### **Grad 2023 Clothing** is Ready to Order!

Please follow this link to order clothing for the 2023 grad year:

https://kssgrad231.itemorder.com/shop/sale

#### The sale is on until December 31.

and items will arrive at the end of January.

When orders arrive, students will be notified via the Whoo's News and in-school announcements.







## **Buddy photos**

Mountain West Studios is pleased to offer this ever-popular group program

#### **EXCLUSIVELY FOR GRADS!**





DATE:

January 6th 2023

LOCATION

Multipurpose Room

SITTINGS FILL UP QUICKLY, SO BOOK NOW AT:

mountainwest.ca

- \* Sit fee is \$10 per participant, per group
- Our professional team of photographers will set up on-location at your school for an unforgettable portrait ever
   Small or large groups may include: friends, family members,
- Simple and efficient online sign-up,

ANY QUESTIONS, CALL US: 604.433.0551 EXT. 126

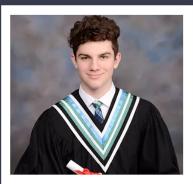
Studio Location: Mountain West Studio: 6869 Merritt Avenue Burnaby BC VSJ 4RS

Phone: 604.433.0551 x126 Toll Free 1.888.644.4494 x 12 family@mountainwest.ca mountainwest.ca



#### **How To Prepare For Photo Day**

Please arrive at your appointment 15 minutes early. You want to be relaxed and ready for your photo session. Ensure that you allow enough time to prepare and to discuss your poses and backgrounds with the photographer.



## Clothing Traditional - Formal - Casual

During your Graduation portrait sitting, we will take 'traditional' photos, with the grad robe and sash in your school's colours; others may be 'contemporary' poses in formal (or casual) attire

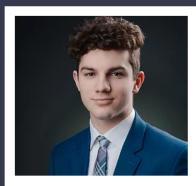


Make Up
Natural is best

Thick and heavy foundation or cosmetics is not recommended.

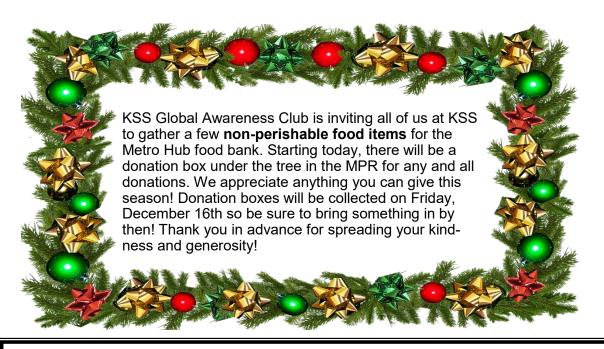
Natural is best for great photos.

Use a bit of loose powder to remove shine and a bit of concealer to lighten up dark spots and cover blemishes



**Hair** Avoid a bad hair day.

Different or new hairstyles are not the best for photo day. If you want to get a haircut, we recommend a trim so that you feel comfortable. Hair cuts should be booked one week before photo day. No hats please.



## KSS Girls AAA Soccer Tryouts

**How Do I Register?** 

Access through KSS Athletics website

Link: bit.ly/kss-soccer scanning the QR Code









December 2022

Spírít Week Calendar



Socks & Sandals Day	Candycane Grams	Touque Day Santa Hats!	B Day	Ugly Sweater Day
* Free Hot chocolate*  *Giving out Cardy 12  Grams! (ar. 10)	Flannel Day 13	Hershey's Kisses *Giving out Condy 14 Grams (Gr. 10)	15	last day sit 16

JEAN MINGUY MEMORIAL
HOSTED BY
SCHOOL DISTRICT #22

# YOUTH ACADEMY

JOIN US

Are you interested in Policing Careers?

**AGES 16-18** 

Students Are invited to apply

Applications DUE Jan 31st

APPLICATIONS
AVAILABLE IN THE KSS
CAREERS OFFICE





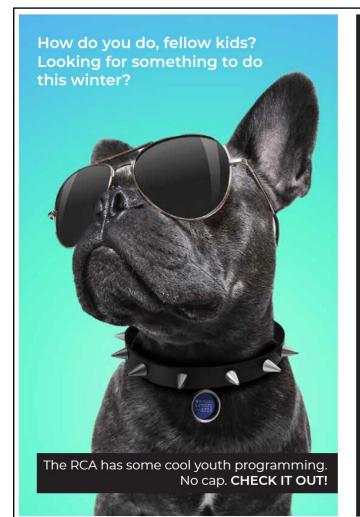


SA-JOY DUBOIS

SHOW BAND, ORCHESTRA & R&B
DECEMBER 12TH
7:00 PM

SHEILA FRENCH
JAZZ & VOCAL
DECEMBER 13TH
7:00 PM
KSS GYMNASIUM

ADMISSION BY DONATION TO THE KSS
MUSIC DEPARTMENT



## WINTER CAN BE A DRAG SOMETIMES, BUT NOT WITH THESE PROGRAMS!



#### YOUTH GUITAR LESSONS

Tuesdays, Jan 17 – Feb. 28 Ages 9-14



#### HORROR WRITING WORKSHOP

Tuesday, Jan 24 Ages 13-18



#### STREET DANCE WORKSHOP

Thursday, Jan. 26 Ages 12-18



#### AFTER SCHOOL ANIME

Thursdays, Jan. 26 –Mar. 2 Ages 12+



#### **INTRO TO STREET DANCE**

Tuesdays, Feb. 21 –Mar. 14 Ages 15+



- **L** 250.717.5304
- RotaryCentrefortheArts.com
- f @ @RotaryCentrefortheArts



We know how important you are, and that you might need some support now too. We are also parents of kids with mental health and/or substance use challenges. We are here for you and we want to help.

Here are some of the ways we can offer support to you and your family:

#### PARENT PEER SUPPORT

We provide emotional support, information, resources, and help in navigating services for parents & caregivers of a child, youth or young adult with a mental &/or substance use

Every month, we host events called 'in the know.' We watch a video and share experiences and strategies that help in the hard moments. We help focus on strengthening our understanding & connection with our kids. Events are facilitated by FamilySmart Parent Peer Support Workers. Offered online and in person in some communities

#### **RESOURCES + VIDEOS**

Our website has free resources and videos on topics important to families who are parenting a child or youth with a mental health and/or substance use challenge.

#### **WORKSHOPS + TRAINING**

We offer workshops for parents and caregivers whose child/youth has been a patient in a psychiatric unit. It's really tough when your child is struggling and ends up in crisis - and we want to help.

We also offer training that brings together young people, parents/caregivers and professionals to learn with and from each other to help experiences between them go better.

#### OUR SERVICES ARE FREE. NO WAITLIST. WE GET IT.

Email: info@familysmart.ca Phone: 1 (855) 887 8004

familysmart.ca



#### Project Placement

sign-up now

### KGH VOLUNTEER **OPPORTUNITIES**





Royal Bistro and Deli The Gift Shop The Perking Lot Rutland Thrift Shop Info Desks Unit helper

Visit the Career Centre to sign up or to ask for more information

'intheknow'

Connect and Learn



#### StudentTranscripts Service Information For Students

StudentTranscripts Service (STS) is an online application for students to view their school marks, transcripts, scholarships and send transcripts electronically to post secondary institutions and employers.



Step 1 Go to the Ministry of Education's Transcripts and Certificate website at http://www.StudentTranscripts.gov.bc.ca.

Step 2 You must sign up for a BCeID before you can use the StudentTranscripts Service. For BCeID signup, you need to: - Complete the fields to register for a basic BCeID

Select your password reset questions and answers (remember these as you will need them if you forget your password)

- Follow the system prompts and sign up for StudentTranscripts Service.

Step 3 Log-in to StudentTranscripts Service using your BCelD.

When registering for the Student Transcript Service using your BCeID, you will be prompted to: - Enter your student information used by your school (see Get Started information above)

- Read the personal data collection info and complete the process by clicking "submit"
- An email will be sent to the email address provided and must be activated within
- 24 hours of receipt or you will need to complete the registration process again
- Once activated, you will be able to log onto STS using your BCeID and password.

Log In with BCeID

Step 4 From your STS Dashboard, you can choose your post-secondary institutions (PSIs) selections, preview, send and order transcripts, view exam and assessment results and view scholarship information. Please note that all transcripts previewed in the STS are considered unofficial, but official transcripts will be sent out when ordered.

> You will need to consent to the STS privacy notice which enables the ministry to send your transcripts to your selected PSIs by paper or electronically depending on how the PSI is able to receive transcripts. Printed copies of transcripts may take up to 3 weeks for processing and delivery to your selected PSIs.

#### Troubleshooting:

For BCeID questions: https://www.bceid.ca For StudentTranscripts questions: servicebc@gov.bc.ca.

#### **MONTHLY ONLINE EVENTS FOR PARENTS & CAREGIVERS**

Every month, we host events for parents & caregivers who are parenting a child or youth with a mental health and/ or substance use challenge called "in the know."

#### **SEPTEMBER**

Parenting When Anxiety Shows Up As Anger

Speaker: Karen Peters, RCC

#### **OCTOBER**

**Building Connection With Our Kids** When It Feels Impossible Speakers: Diane Evans & Tammy Music, Parent Peer Support Workers

#### **NOVEMBER**

It's Never Too Late: Healing Parent-Child Relational Stress Using **Emotion-Focused Family Therapy** Speaker: Dr. Adele Lafrance

#### **DECEMBER**

ADHD - The Real Deal Speaker: Dr. Don Duncan

Join us to watch a video and talk with other families about what helps. Online events are facilitated by FamilySmart Parent Peer Support Workers.

familysmart.ca/events





