



WHOO'S NEWS

OCT 10, 2025



kss.sd23.bc.ca



250-870-5105



OCT 13

NO SCHOOL
Thanksgiving Day



OCT 14

1 / 2 - 3 / 4

Bake Sale & Video Game Tourney at lunch in MPR
KSS PAC Budget Meeting in LLC

OCT 15

5 / 6 - 7 / 8

Video Game Tourney at lunch in MPR

OCT 16

1 / 2 - 3 / 4

Video Game Tourney at lunch in MPR

OCT 17

5 / 6 - 7 / 8

Sr. Best of the West Championship

KSS ADMINISTRATION

The Central Okanagan Board of Education declared the month of October as "Principal and Vice-Principal Month" in Central Okanagan Public Schools.

Thank you to our KSS Admin Team!

Scott Parker, Principal
Julie Loveridge-Marks, Vice-Principal A-G
Jeff Prasad, Vice-Principal H-N
Mike Kormany, Vice-Principal O-Z

UPCOMING DATES

Oct 22	IH Student Wellness Clinics (AM)
Oct 22-23	Post-Secondary Prep #1 in LLC at lunch
Oct 24	Pro-D Day (No School)
Oct 29	SD23 Dual Credit Night in KSS Gym 5:30 p.m.
Nov 7	Quarter 1 ends
Nov 10	Quarter 2 begins
Nov 10	Remembrance Day Ceremony
Nov 11	Remembrance Day (No School)
Nov 12	IH Student Wellness Clinics (AM)
Nov 18	KSS PAC Zoom Meeting
Nov 20	Harmony Day
Nov 21	Student Written Learning Updates published
Nov 25	COBSS Online Application opens
Nov 25-26	Post Secondary Prep #2 in LLC at lunch
Nov 26	IH Student Wellness Clinics (AM)



Sr Best of The West:
For tournament information, schedule and livestream, please click HERE.

REMEMBRANCE DAY CEREMONY



Our Remembrance Day Ceremony for staff & students will be held on Monday, November 10th.

For the past few years, we have made a slideshow of family members and/or friends of the KSS Community that have served to be shared at the KSS Remembrance Day Ceremony.

If you have a digital copy of a photo of a loved one that you would like to be added to the presentation this year, please email it to Mr. Holly (ryan.holly@sd23.bc.ca), along with the name of the person(s), their rank if known, and their relations to KSS.

CONGRATULATIONS



Congratulations to KSS Teacher Sheila French and KSS Choir!

KSS Choir will join rock band Foreigner to perform "I Want to Know What Love Is" on November 7th. The choir won a contest on K96.3 to join the band on stage at Prospera. Tickets for the concert may be purchased [HERE](#).

YAY!

Night Owl Theatre Presents its Mainstage Production of '**Queens**' by Kristen Doherty, a dark and whimsical retelling of King Henry the 8th and his 6 wives.

The show will run from November 26th to the 29th and December 3rd to the 6th at 7:00 pm in the KSS theatre.

Tickets will be available soon; \$10 for students and \$15 for adults.

Come support KSS excellence in the Arts!



Student Photos

Students that missed Homeroom on October 2nd and did not receive their Student Photo ID Card are to come to the main office to pick up their ID Card. School photos have been uploaded and available to purchase through Artona - [HERE](#). Lost your access code? See link [HERE](#).

School photos ordered after September 19th will be delivered to the school, due to Canada Post strike. We will contact families upon arrival.



Please see events hosted by BC Children's Hospital / Kelty Mental Health Resource Centre.

NEURODIVERSITY Resources & Parent Education Events

For Parents and Caregivers: [Attention-Deficit / Hyperactivity Disorder \(ADHD\)](#) | [Kelty Mental Health](#)

For Parents and Caregivers- Webinar (multiple sessions available): [ADHD – The Real Deal](#) | [Kelty Mental Health](#)

[October 7: 6:30pm-8:00pm PST](#)

[October 21: 12:00-1:00pm PST](#)

[October 28: 6:30-8:00pm PST](#)

New! Mental Health Resources for Families

New videos and information are available by mental health experts at BC Children's Hospital who share your culture and language.

- Resources are available in many languages to support diverse families, including Arabic, Cantonese, English, Mandarin, Punjabi, Spanish, Tagalog, Tamil, Ukrainian, and for Black communities.
- Topics include anxiety, substance use, family transitions, and more.

When it comes to your child's mental health, you are not alone. Check out these multi-language mental health resources <https://keltymentalhealth.ca/multilanguage>

(New content will roll out until late Fall 2025. This campaign is a partnership between BC Children's Health Bridge, BC Children's Kelty Mental Health Resource Centre, and Our Kids' Health.)

SCREEN USE - Looking for Parents, Caregivers, and Youth to Participate in Discussion Groups

Ministry of Health is conducting a provincial needs assessment on screen use among children and youth. As part of this work, they are engaging parents and caregivers of children aged 5–12 to better understand their experiences managing screen time, as well as identify what supports or resources might be missing. They've partnered with BC Children's Hospital's Health Bridge to host a series of online parent discussion groups.

[The Health Bridge newsletter link](#) includes details on how families can sign up. There are also additional opportunities for both parents and youth to get involved in other health-related discussions. Health Bridge provides compensation for participants' time. healthbridge@cw.bc.ca



PAC UPDATE

Community Matters

Come Join Us!

This meeting is all about money! Where is it going? What are we funding?

October 14th @ 6:30pm
In Person in the school library

A G E N D A

- 1 PRINCIPAL'S UPDATE
- 2 Chairs Update
- 3 PAC BUDGET UPDATE
What school requests are we funding? Every year the PAC supports KSS clubs and classes through funding school & teacher requests. Come have a say in what gets funded.
- 4 COPAC UPDATE


COPAC
PRESENTS

HANNAH
BEACH



FREE VIRTUAL PARENT EDUCATION EVENT OCTOBER 16 - 7PM [CLICK TO REGISTER.](#)

UNDERSTANDING ADOLESCENTS FROM THE INSIDE-OUT

Parenting during the 'teen years' can be challenging, trying, and confusing. We entice, cajole, bribe, shout, but sometimes nothing seems to work. Many of us are scared; will our kids be like this forever? What can we do? Is there a way through?

This workshop will support participants in understanding adolescents from the inside-out. Although every adolescent is an individual, there are some common dynamics that affect all adolescents. Understanding what these dynamics are can provide the keys for knowing how to deal with problems that may arise. We will examine the construct of counterwill, exploring the topic of teen resistance - where it comes from, what its purpose is, and how we can recognize when rebellion is healthy or a result of adults being replaced by peers. We will look to ways that we can come alongside our teens to make more room for their thoughts, ideas, values and preferences as they more fully come to discover themselves.

Participants will learn strategies for building relationships with teens as well as how to protect and maintain those relationships during challenging times. We will look at how to use the extraordinary power of relationship to help us build a 'village' of support so that we may come together to support adolescents on their journey to maturity.

Join Hannah for a warm and conversational workshop exploring practical strategies we can use to support our youth to stay connected to us, thrive, and become their best-selves. Stay tuned for more information!

Audience: Ideal for parents of teens/adolescents, but also great for parents with kids in grades 4/5/6 in preparation for what lies ahead.

Hannah Beach is an award-winning educator, author, emotional health consultant, and keynote speaker who speaks about the power of relationship and play worldwide. She is the co-author of the best-selling book *Reclaiming Our Students: Why Children Are More Anxious, Aggressive, and Shut-Down than Ever—and What We Can Do About It*, with Tamara Neufeld Strijack, which has been adopted by school boards across Canada. She was recognized by the Canadian Human Rights Commission in 2017 as one of five featured changemakers in Canada. Her bestselling *I Can Dance* book series, won a 2017 Gold International Moonbeam Children's Book Award.

Hannah delivers professional development services across the globe, provides emotional health consulting to schools and community based programs, and speaks at conferences about the power of relationship and play. Hannah is an emotional health and play-based learning consultant for Britannica Education, where she develops courses which are facilitated by the Britannica Education team.

Dual Credit Information Night

Wednesday, October 29, 2025

STUDENTS AND PARENTS WELCOME!

Central Okanagan Public Schools is hosting a **Dual Credit Information Night** on Wednesday, October 29, 2025, 6:00 pm at **Kelowna Secondary School**.

The purpose of this event is to showcase our Dual Credit Program options and provide an opportunity for students and parents to communicate directly with our post-secondary and industry training partners.

Please join us to discover the many benefits of a dual credit program, including tuition sponsorship and the ability for students to get a head start on a rewarding career.

AGENDA:

5:30 pm: Doors open to public to visit with post-secondary partners

6:00 pm: Dual Credit Presentation Overview - Bob Boback

6:20-7:00 pm: Parents and Students have an opportunity to talk with post-secondary partners to learn more

7:00 pm: End of Event

For more information on Dual Credit Programs visit our website
www.dualcredit23.sd23.bc.ca

BCIT

OC

EITI GLOBAL

JUSTICE INSTITUTE
OF BRITISH COLUMBIA

SKILLEDTRAD

Are you 13 to 17?

Shape Your Future. Drive Real Change!

Join the Kelowna Youth Safety Committee and help shape a safer city.



Work alongside police, fire, and other first responders to improve safety concerns in your neighbourhood.

- Present your ideas to City Council in June 2026
- Earn up to 40 volunteer hours
- Get a letter of reference for your next opportunity

Apply online
by October 15



Scan + apply



NEED HELP WITH MATH & SCIENCE?

COME TO
ROOM 284

TUESDAY MORNINGS 8-9AM

MS. DRESCHER CAN HELP!

SCIENCE

MATH

JUST DROP IN!



Partners for Inclusive Education

Partners for inclusive Education (PIE) is a welcoming online space committed to supporting parents/guardians to learn more about the how students with neurodiversity, disability, support needs and/or diverse abilities are supported in their neighborhood school.

PIE is a space where parents/guardians, staff and community come together as partners to champion inclusive education by learning and supporting each other as we navigate the school years together. We connect virtually five times a year offering workshops, speakers, and opportunities to connect with other parents/guardians.

The purpose of Partners for Inclusive Education can be found on the School District website under Parent Resources

Next Event Date:

The next Partners for Inclusive Education meeting is scheduled for:

Date: October 21, 2025

Time: 6:30 pm

Topic: Meeting Your SD23 Team

Location: Microsoft Teams

[Join the meeting now](#)

Meeting ID: 298 345 755 488 5

Passcode: tb3tX3un