



Whoo's News



SEPTEMBER 23, 2022

Truth and Reconciliation Week at KSS



Monday – Truth
 Tuesday – Reflection
 Wednesday – Healing
 Thursday – Resilience and Reconciliation
 Friday – (no school) Orange Shirt Day / National Day for Truth and Reconciliation
See page 2 for all the details

INTERIM REPORTS

Interim Reports will be issued by classroom teachers October 3 to 6.
 Please ask your child to share it with you!



PARENT-TEACHER INTERVIEWS OCTOBER 12th

Parent-Teacher Interviews have been scheduled for **October 12th**. Students will be dismissed at 1:30 pm on this day. Interviews are from 4:30 pm—6:30 pm with the majority of interviews taking place in the Gymnasium.
No appointments are necessary.

Our Bell Schedule for October 12th is as follows:

<i>Block Rotation</i>	<i>Blocks 3/4 - 1/2</i>
Warning Bell	8:55 am
Block 3	9:00 am —10:05 am
Block 4	10:10 am —11:15 am
Break	11:15 am —11:25 am
Block 1	11:25 am — 12:25 pm
Block 2	12:30 pm —1:30 pm



Re-takes are scheduled for October 11

Upcoming dates . .

September 30	National Day for Truth and Reconciliation—No School for students
October 3 –6	Interim Reports issued (Contact your student's teacher if you have questions)
October 7	Teacher Implementation Day (School Staff only in attendance)
October 10	Thanksgiving Day (Stat Holiday)
October 11	Photo Re-take Day
October 11	PAC Meeting @ 6:30 p.m.





Kelowna Secondary School's Truth and Reconciliation week planning committee began meeting in August for this school year. As Truth and Reconciliation is on our minds on a regular basis, we have a student-driven committee works with the Indigenous Inquiry team of staff and student enrolled in the Indigenous Academy on two major initiatives in our school:

- The upcoming Truth and Reconciliation Week (September 26-30, 2022)
- The KSS Outdoor Classroom Project supported by the Indigenous Inquiry

Truth and Reconciliation Week:

At KSS, we organized our first Truth and Reconciliation Week this past year to honour Canada's first National Truth and Reconciliation Day. A number of events took place throughout the week, including discussions about residential schools in classes, gatherings of students, and an emphasis on the Calls to Action. This year, the student-driven committee is focusing on a theme for each day:

Monday – Truth
Tuesday – Reflection
Wednesday – Healing
Thursday – Resilience and Reconciliation
Friday – (no school) Orange Shirt Day / National Day for Truth and Reconciliation

Orange ribbons will be offered to wear during the week and we will be having a symbolic 215 seconds of silence on Monday after the morning announcements. Students have prepared some information for teachers to offer to their classes, along with some reflective activities.

Description of Indigenous Inquiry Project – an Outdoor Classroom:

BACKGROUND / CONTEXT: Years ago, a graduating class of KSS envisioned the future creation of an outdoor classroom. The Indigenous Inquiry staff team (circa 2016), scanned students. As a result of this scan, the Indigenous Academy for students was formed in 2019. During a second scan, students expressed interest in an outdoor learning space that honours the Traditional unceded Territory of the Okanagan Syilx people. Students involved have worked on designs to create a space that reflects values of respecting the land, learning outside, storytelling, and many cross-curricular initiatives. The space is also meant to be inclusive, accessible, welcoming, versatile, and safe.

*The purpose of the project is to bridge all students with the land, honour local Indigenous teachings, create a welcoming outdoor gathering space, and partner with people interested in being a part of Reconciliation, as per the **Equity in Action Agreement**. This will be a space that emphasizes the use and celebration of Indigenous ways of knowing and being.*



Grad Google Classroom

The grad teacher sponsors and the KSS Career Center will post pertinent information on the Google Classroom in addition to the Whoo's News and in-school announcements. All KSS grade 12 students are encouraged to join this Google Classroom:
b5mj5mb



Do you still want a locker????

Student lockers are still available for students who have not signed up for one. Any students interested in accessing a locker can sign up at the KSS office

Important Information for Grade 12 Students

We are offering a new optional Post -Secondary Prep (PSP) session for grade 12's regarding information on their transition to post-secondary school – topics include:

- The application process
- Entrance requirements
- Costs
- Expectations of a post-secondary program of study
- Some scholarship and bursary information



Grade 12's can attend one of the following lunch time sessions.

Tuesday October 18 th	PSP will be offered at lunch time in the library
Wednesday October 19 th	PSP will be offered at lunch time in the library

There will be follow up sessions in November and April covering scholarships and post-secondary acceptance.

2022 Post Secondary Institution Representative Visits to KSS

Date	PSI Name	Time	Location
October 27	University of Calgary	11:30 am- 12:30 pm	MPR
November 2	Dalhousie University	11:30 am- 12:30 pm	MPR
November 18	University of Alberta	11:30 am- 12:30 pm	MPR
November 28	Western University	11:30 am- 12:30 pm	MPR

Accident Insurance

Central Okanagan Public Schools does not insure expenses for **student injuries** that occur on school grounds or during school activities. Parents and guardians can voluntarily purchase private accident insurance. The Kids Plus Accident Insurance Program that was previously offered to our students was discontinued in 2019. The IA Financial Group now offers the Family Accident Reimbursement Plan (FARP) which is a voluntary plan that provides coverage for students and their families against accidental injury, unexpected medical expenses, and critical illness.

To apply for the Family Accident Reimbursement Plan or to find out more, visit <https://www.solutionsinsurance.com/aonbc>.

APPEALS AND FINANCIAL HARDSHIP PROCESSES

Context

School-based Principals/Vice-Principals are required to provide notice of the Central Okanagan Public Schools' Appeals Process (Board Policy 460) and of the position that students will not be excluded from any educational program due to financial hardship (Board Policy Regulation 425R). The purpose of this Administrative Procedure is to provide direction regarding these notifications.

Procedures

1. The Principal or Vice-Principal will inform students, parents, and guardians of the existence and availability of Policy 460 - Appeals at least annually. The wording to be used for these notifications is as follows:

The Central Okanagan Public Schools' Appeal Process

Policy 460 – Appeals states that “A student or a parent of a student who is entitled to an educational program in the Central Okanagan Public Schools may appeal a decision of an employee of the Board of Education which significantly affects the education, health, or safety of the student”. For a complete description of the Appeals Policy along with the recommended steps to follow in attempting to solve a problem, please refer to Policy 460 – Appeals that can be accessed from the Policies link under the Board of Education heading on the Central Okanagan Public Schools homepage at www.sd23.bc.ca.

2. School-based Principals/Vice-Principals will also notify students, parents, and guardians of the Central Okanagan Public Schools' Financial Hardship Clause. This notification must be provided at time of registration and on an annual basis through newsletters and notices using the following wording:

The Central Okanagan Public Schools' Financial Hardship Clause

Within Board Policy Regulation 425R – Student Fees (www.sd23.bc.ca), the Board of Education has indicated “that a student will not be excluded from any educational program due to financial hardship”. This clause in the Regulations provides for the private and confidential consideration of financial circumstances of individual students and families, while preserving the dignity of families which may be unable to pay. Please contact the school Principal if you are facing a financial hardship that may restrict the ability of your child to access a school program.



For each of our grade 12 students, the graduation year is one of the most special and celebrated milestones to date. We have several events that we are still organizing and support at KSS for your Grade 12 student. Administrators, teachers, parents and students work very hard to organize these events and ensure all safety concerns are addressed. Grad Winter Formal, Grad Fun Night, Prom and the Convocation Ceremony are just a few activities that we plan and prepare for your child's enjoyment.

Unfortunately, there are other non-sanctioned grad events that we do not supervise nor support. The activities are organized and arranged by graduates themselves that include "grad kidnappings" and subsequent "bush parties" that take place in our community.

We want to be clear that we have serious concerns regarding student behavior and safety at all of the above-mentioned non sanctioned events. There has been incidents of serious injury to students and we strongly caution and counsel parents to investigate these non-sanctioned activities carefully.

The staff at KSS want your child's grade 12 year to be positive, memorable and safe.



Need those Volunteer Hours for Graduation?

Become a Youth Healthcare Volunteer TODAY!

Youth Healthcare Volunteer Duties:

- Recreation programming
- Bingo
- Board & Card Games
- Music Entertainment
- Art & Crafts
- Baking
- Woodworking
- Spiritual care
- Companionship
- Bus outings...and so much more!



Four Different Locations in Kelowna & West Kelowna:

Cottonwoods

David Lloyd-Jones

Three Links Manor

Brookhaven



There's even benefits for YOU!

- Volunteering Builds Community
- Ends Loneliness
- Builds Bonds, Creates Friends
- Develops Emotional Stability
- Improves Self-Esteem
- Helps Those Most Affected By Mental Illness
- Promotes Longevity
- Reduces Risk of Alzheimer's
- Leads to Graceful Aging

Please contact Carol White, Program Coordinator

Long-term Care Youth Volunteer Services:

Email: LTCvolunteerservices@interiorhealth.ca



Interior Health
Every person matters



EMPOWERING YOU

Building
Resiliency

Empowering YOU is a **FREE** 10-week program that provides mental health education to help youth develop skills that enable them to cope with challenges in life. The ultimate aim of Empowering YOU is to help youth aged 14 to 17 to manage stress, moments of anxiety, mood challenges, and relationship difficulties through self-awareness, coping strategies (e.g., mindfulness), connecting with nature and physical activity.

ABOUT THE PROGRAM

The goal of this program is to develop a sense of connection and belonging among participants in the 10-week program while learning about tools and techniques to manage their mental health. The program will run once a week for two hours. The first hour is dedicated to learning and information. During the second hour, youth engage in physical activity which gives them an opportunity to experience and practice the information and learning. The program builds largely on the work of Jill Rathus and Alec Miller (2015) and dialectical behaviour therapy (DBT) and more specifically their DBT Skills Manual for Adolescents.

Snacks are provided and participants will receive a \$100 credit towards recreational activities after the program.

We gratefully acknowledge the financial support of the Government of Canada and support of the Province of British Columbia.

GUIDING PRINCIPLES

The overarching guiding principle for Empowering You is to **create a safe space** by:

- ✓ Creating and supporting positive experiences and peer relationships.
- ✓ Ensuring programming is standardized, age-appropriate and builds on best practice.
- ✓ Incorporating and practicing emotional, physical and mental risk management.
- ✓ Practicing strength based and trauma informed approaches to facilitation

PARTICIPANTS

Empowering YOU is a program for youth, aged 14 to 17, including youth in care or aging out of care, to assist with managing stress, moments of anxiety, mood challenges and relationship difficulties.

WHERE AND WHEN

Parkinson Recreation Centre, Kelowna
Tuesdays 6-8pm, October 11 to December 13, 2022

Email for more information or to register: empoweryou@bcrpa.bc.ca

MUSIC MARKET MEMORIES

September 25th 11am-4pm
Lions Park 175 Gray Rd

KELOWNA SCARECROW FESTIVAL

PRESENTED BY:



Performances by

Johnny V The Court Jester

Jessica Le

Pre-Purchase your
Scarecrow here:



Scarecrow Building
Kids Activities
Fall Market
Food Trucks

Free
Admission

For more information visit: www.kelownascarecrowfestival.ca

PRESENTED BY:



YMCA of Southern Interior BC
Mindfulness Services

FREE!



It's okay to ask for help.

Learn how to manage stress, struggles, and anxieties in a welcoming and judgement-free group setting.

Our instructors deliver sessions online and in person.

Participants get a **free 3-month YMCA membership**.



ymcasibc.ca/mindfulness

KELOWNA CROWS

JUNIOR TACKLE SEASON

AUGUST 30TH - DECEMBER 10TH



Starts at Parkinson Rec, East, P10 and P8

August 30th - November 3rd, 5 - 6:30pm

Field location change to Mission Creek all weather field

November 8th - December 10th, 5 - 6:30pm

Games are played in Kelowna and at the coast on Sundays. Will need parents to help give rides to and from the coast.

Still looking for managers and coaches!

Cost will be RC and BC insurance between \$90 and \$130 based on age. Plus \$125 for club dues. Boys League Club fees \$100, Girls Sunday Play \$40

Registration at www.kelownacrows.com

Questions? Please email

juniodirector@kelownacrows.com or call 250-258-6668

KELOWNA WATER POLO CLUB

FALL SEASON

FREE 'TRY IT OUT' SESSIONS

27TH & 29TH SEPTEMBER



HOW TO REGISTER FOR A FREE TRIAL

27 Sept - Kelowna Family YMCA - 7-9pm - REGISTER: <http://linktr.ee/kelownawaterpolo>

29 Sept - Parkinson Rec Centre - 7.30-8.30pm - REGISTER: <http://linktr.ee/kelownawaterpolo>

WANT TO FIND OUT MORE ABOUT WATER POLO?

Want to become a stronger swimmer and love team sports? Come and try water polo! Water polo games are a fast, action-packed and lots of fun! Swimming experience is a good foundation to be a great water polo player! This **FREE** introductory session will give you an opportunity to find out more about the game.

Visit <http://kelownawaterpolo.ca> or <http://linktr.ee/kelownawaterpolo> for more info.



ABOUT KELOWNA WATER POLO CLUB

Kelowna Water Polo Club is a community team running youth and adult water polo sessions in Kelowna. We train in the pool throughout the fall & winter season and the lake in the summer. There are opportunities for all ages of player to compete at tournaments both in Kelowna the Lower Mainland.

kelownawaterpolo@gmail.com